Hello everyone! I hope all of you are doing well and keeping busy during these unprecedented times. We miss seeing all of you at the Senior Center & want to let you know what’s been going on and what’s coming up. As of right now, we are still essentially closed except for a few programs that people are pre-registered for. You cannot just show up to the senior center without being preregistered for a program or class. For the past few weeks we have been holding a few 1 hour classes each day in the cafetorium. We limit attendance for each program to 30 people & everyone attending must be pre-registered. The only classes we have been running are exercise, preventing falls, line dance, Tai Chi, yogalates & periodically we have bingo. We chose these particular programs because we can socially distance everyone & they can take place in the cafetorium. We also started our lunch program back up. Lunch is served on 6 foot banquet tables with one person at each end of the table. The tables are 10 feet apart, lunch is served in prepackaged containers & we deliver lunch to everyone so that you aren’t going through the lunch line. If you are interested in coming to the senior center for lunch, please call our office to sign up. You must be signed up at least 3 days before the date you’d like to eat in order to guarantee you get a meal, but you can always call the office to see if there are any cancellations after that time frame. The lunch menu can be found in this mailer.

Everything we are offering has been carefully thought out with the health & safety of all of you in mind. Anyone that enters the building must be signed up in advance for a program. Unfortunately we cannot have people coming in & out of the building without a purpose. There are strict rules for everyone that comes into the building. Everyone must come in through the double glass doors off of the parking lot. A staff member greets you at the door, you must be wearing a mask and have your temperature taken. You’ll be asked a series of wellness questions & your name & phone number will be recorded. Once inside, there are chairs in the front hall and part way down the hallway that are spaced 6 feet apart. You may wait in one of those chairs until your program begins. Masks must be worn at all times except while eating lunch or if individuals are socially distanced during a program. Our building is constantly being cleaned & disinfected by our maintenance staff. All tables & chairs are sprayed with a disinfectant after they are used for lunch or a program. High touch surfaces are wiped down throughout the day and the bathrooms are cleaned & disinfected frequently. All of this is done to keep all of you safe.

Coming up in September & October, we are going to be offering make up classes to anyone that paid for one of the 6 week blocks of classes that was cut short when we had to close down in March. If you were enrolled in one of these classes, you will be receiving a phone call with all of the details for your makeup class. Once those classes are all made up, we will be offering an 8 week block of classes that will last until the middle of December. These classes & their prices are on a flyer found in this mailing and anyone is welcome to sign up for these classes.
We will still be offering some free programs. Exercise will be on Mondays & Thursdays, Preventing Falls on Fridays and Bingo on a few various days. Class size is limited for all of these programs & you must be signed up in advance. If you would like to participate in any of these programs you need to sign up each week. Please don’t assume that because you were in class one week you are automatically signed up for the following week. It does not work that way right now. Please call the office at 874-3266 to check on availability.

We will be offering a Flu Shot clinic on Tuesday September 8th from 9:00am-11:00am. If you are interested in getting your Flu shot at the senior center please call 874-3266 to make an appointment. Space is VERY limited and you will need to be signed up ahead of time in order to receive a flu shot.

At this time, we are not starting up any other programming. We do not feel comfortable having senior’s playing cards, table tennis, Mah Jong etc. because of the nature of the activity. These programs do not allow for social distancing & there is too much sharing of cards & tables. We hope to be able to resume some of these programs once the spread of Covid19 has slowed down. At this time, we do not know when that will be.

Starting September 1, 2020 you may begin to pay your yearly Senior Center dues. If your membership expired while we were closed down, your new expiration date will be a year from when you pay your dues. If you try to register for a class and your membership is expired, you will be charged an additional $5.00 for that class. Dues can be mailed to the Senior Center if you will not be in the building for a program or class.

We have also started running our transportation service on a more regular basis. 2 of our 3 vans are back in service. Right now, doctor appointments are taking precedent, but we will try to fit in grocery shopping if there is room on a given day. If you are in need of transportation, you can reach the dispatcher at 875-1029 Monday thru Friday from 8:30am-1:30pm.

I hope all of you are well & taking care of yourselves. I know this virus has really interrupted the way we go about our everyday lives. We are looking forward to seeing you back at the Senior Center for a class, program or lunch. Please keep in mind that in order to enter the Senior Center you must be preregistered for a program. If you have any questions or you would like to sign up for any of the programs or lunch, please call to see if we have availability. If you would like to sign up for classes you can mail in your registration.

Take care & we hope to see you soon!!

Tricia