

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

FROM THE DIRECTOR

Welcome back from our annual maintenance shutdown. Our Center is sparkling clean and ready for our "New Season".

Our trip to Branson was terrific! We had such a great time & we came home with wonderful memories! Our trips have become very popular & seem to be selling out quickly. If you're interested in a trip that we are running, be sure you sign up for it as soon as we start signups so that you don't get shut out.

The Town of Tonawanda Youth, Parks and Recreation Department is once again hosting a 50+ wedding anniversary party at the Senior Center. If you and your spouse have been married to each other for 50, 55, 60, 65 etc years it is free for you to come to this

event. Any couples married 51-54; 56-59; 61-64; 66-69 etc years the cost is \$10 **per couple**. You must live in the Town of Tonawanda or Village of Kenmore to attend. You will be treated to a delicious catered dinner and entertainment. You will also be asked to show us your marriage certificate & proof of residence when we issue you your tickets. The date of the event is Friday, October 18, 2019 at 5:30pm. Don't delay in responding, tickets are going quickly!

Don't forget it's time for most of you to renew your dues for 2020. If you are not sure if your dues need to be paid now, please ask in the office. If your membership runs out, you will no longer be able to participate in our programs, classes, parties, etc. as a member, so don't delay! Also, don't forget that it costs \$5.00 per year to receive the bulletin in the mail. If you'd rather not pay, you can pick one up in the office or view it on line at ttypr.com. You can sign up for this at any time, it does not have to coincide with your membership payment.

Enjoy the beautiful September days and I hope to see you at the Senior Center.

Tricia Pray, Director

PRESIDENT'S CORNER

I hope everyone had a wonderful summer! Our center looks super, thanks to a great job by our maintenance

crew. Our trip to Branson was a lot of fun and enjoyed by all.

The center is in full swing with lots of activities for everyone to enjoy. September 13th is our annual picnic. September 18th is our trip to the Finger Lakes Racetrack and Casino. Try out one of our classes that start this month. There is something for everyone!

Donna Heiss, President

WELCOME COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Donna Heiss at 694-3773.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Cheryl Braunscheidel, Elizabeth Papke, Patricia Black, Elizabeth Erker.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Dave Hussar, Mary Veitch, Carol DiGesare, Don Izard, Bill Fleck.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Richard Keffer, Audrey Morris, Dale McKenzie.

Our Sympathy to the following members who have lost loved ones: Carol & Sheldon Reingold loss of sister in law.

Please let the office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Betty Bavaro, Joan DeLong, Evelyn & Bob Dziadasek, Diana Hull, Diane Kruck, Carol Kostelnik, Annette Maus, Evelyn May, Dolores Mickens, Nancy Pilon, Diana Randall, Jean Serra, Anna Stanton, Kathy Thompson, Wanda Webb and Vickie Christopher.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we have a Birthday Drawing. Every 3 months we have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate which can be used towards a Senior Center party or trip.

JULY WINNER

Birthday: Sharon DeVargas

PARTIES

50+ WEDDING ANNIVERSARY PARTY

If you and your spouse have been married to each other for at least 50 years, and you're a Town of Tonawanda or Village of Kenmore resident, you're invited to our 50+ Wedding Anniversary Party!

You will be treated to a delicious catered dinner by Lucarelli's Catering, and live entertainment! The event is free for couples celebrating a 50th, 55th, 60th, 65th, 70th or 75th Wedding Anniversary this year. Couples celebrating 51-54; 56-59; 61-64; 66-69 or 71-74 years of marriage may attend the celebration for only \$10 per couple.

Each couple registering MUST show proof of residency (photo ID with current address) and your marriage certificate even if you have attended previously.

DATE: Friday, October 18, 2019

TIME: 5:15 pm - Doors open

5:30 pm - Hors d'oeuvres

6:30 pm - Dinner

PLACE: Town of Tonawanda Senior Center

COST: Free for couples celebrating: 50, 55, 60, 65, 70 or 75 years of marriage

\$10 per couple for those celebrating: 51-54; 56-59; 61-64; 66-69 or 71-74 years of marriage

MENU: Family Style: catered by Lucarelli's

SIGNUP: Last date to register is Tuesday, October 8th or when sold out.

ANNUAL SENIOR PICNIC

Chiavetta's Chicken

Its time again for the annual Picnic and you don't want to miss it. You will enjoy entertainment, games, bingo, food and fun with your friends. **ALL tickets must be purchased by September 3.**

DATE: Friday, September 13, 2019

TIME: Doors open at 11:00 a.m. and lunch is served at 12 noon

PLACE: T.O.T. Senior Center, 291 Ensminger Rd.

COST: \$12.00 members, \$14.00 non-members

SIGNUP: Ends September 3rd

MENU: Chiavetta's chicken, pulled pork, pasta, potatoes, salad, beer, pop, coffee & an ice cream treat.

NO Take-Outs

ENTERTAINMENT: Hastings & Sampson Duo

**** THE CENTER WILL BE CLOSED ALL DAY ON THE DAY OF THE PICNIC – NO CLASSES OR PROGRAMS WILL TAKE PLACE ****

TRIPS

FINGER LAKES RACETRACK & CASINO

Spend a day at the races on this fun filled trip to the Finger Lakes Raceway & Casino. A racing program and tip sheet will be included. This is live thoroughbred racing. Lunch will be at the Vineyard Buffet. For those

interested in the casino you will receive \$5 in free play and be entered into the Club 55 drawing.

DATE: Wednesday, September 18

ARRIVE AT CTR: 9AM

RETURN: 5:30PM

COST: \$57.

Check office for availability

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS.

Many people are sensitive to different scents.

Thank You

PROGRAMS & EVENTS

FLU SHOTS

Flu Shots will be administered by the pharmacists from Rite Aid at the Town of Tonawanda Senior Center.

DATE: Friday, October 4, 2019

TIME: 9:30 am – 12:00 Noon

SIGNUP: Stop by the office or call 874-3266

COST: “Most insurances accepted – call Rite Aid at 835-0533 Ext 3 for questions”

CLERK ON THE GO

Join Erie County Clerk Michael Kearns as he discusses clerk services and the impact of the Real ID Act. Find out how this law will impact you as of October, 2020.

Members of the County Clerk’s Office will be on hand to answer your questions regarding Real ID, Enhanced License, Thank a Vet discount program and more.

DATE: September 24, 2019

TIME: 12:45pm in Café

No Signup Required

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning October 7th thru all of 2019. Call the office to register at 874-3266.

COST: AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo, on Fridays, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary. You must be a member to play.

DATE: Friday, September 6 & 20, 2019

TIME: 1:00 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of

each month at **10:00 am**. At our September 5th meeting we will discuss the book “One Summer” by David Baldacci. At our October 3rd meeting we will discuss the book “Pieces We Keep” by Kristina Mc Morris.

BOUTIQUE

We will be open for business on Mondays, Wednesdays and Fridays from 10:00 am to 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Items to be sold must be brought into the office.

COLORING GROUP

DATE: Friday, September 6, 2019

TIME: 12:45pm in Room 1

COST: FREE

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

MATINEE MADNESS MONTH OF SEPTEMBER

Please Note: Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a movie show on our big screen TV. Movies are shown at 1:00 pm.

9/9/19: The Upside (Kevin Hart, Bryan Cranston) – A Comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who’s hired to help him. (Rated PG-13, Comedy/Drama; 126 mins.)

9/16/19: Jersey Girl: (Ben Affleck, Liv Tyler) – After his career is sidelined by an unexpected tragedy and a personal blow-up, a single man must take care of his precocious daughter. (Rated PG-13, Comedy/ Drama/Romance 102 mins.)

9/23/19: All of My Heart: (Lacey Chabert) – After inheriting half of a house, a young woman develops an unexpected friendship with her co- owner. (Rated TV-G, 81 mins.)

9/30/19: Homes & Watson: (Will Ferrell) – A humorous take on Sir Arthur Conan Doyle’s classic mysteries featuring Sherlock Holmes and Doctor Watson. (Rated PG-13, 90 mins.)

BILLIARDS - ROOM 8

The Billiards room will be open on Tuesday, Wednesday and Friday from 8:30 to 4:30pm.

BRIDGE LESSON TUESDAYS

9:30 am Duplicate bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new “Because Game,” meet new friends, ask questions, and just enjoy.

CANASTA

Do you play **CANASTA**? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you’ll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

KUPPLES KLUB

On September 5th, we will have a regular meeting. See bulletin board for more information.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kupples Klub.

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm. Everyone signing in will play.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Tuesday at 11:00am & Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It’s a lot of fun – don’t be shy – we’ll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every **Wednesday** from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB

Welcome back to the center and your Singles Club. On September 19th we will be hosting our Pot Luck Luncheon. Please bring a dish to pass for everyone to enjoy. Next month we will be watching a movie in the Lounge – any suggestions for a movie would be great.

Anyone interested in joining our group, we meet the third Thursday of every month and always welcome new members. Make sure you update your Singles membership dues which are \$3.00 and you must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

SOCIAL CRAFTS

Join us on Fridays from 9:00 am to noon. Come join the fun and be creative with us. Need help with project? We’ll help!

TABLE TENNIS

Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Monday, Tuesday & Thursday’s from 9:00 -11:00am. This is not a league, we play for exercise & fun. For more information stop by and ask for Bob or Jean.

WOOD BURNING GROUP

We meet Wednesdays from 9:00 – 11:00am in room 4. If interested bring wood burning equipment, minimum charge for wood and patterns.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy creating beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people.

INTRO TO WATERCOLOR - Not offered at this time.

INTERMEDIATE WATERCOLOR

Tuesdays 1:00-4:00

For those who have already completed an Intro to Watercolor class. Continue to build your skills in watercolor techniques such as washes, glazing, layering, lifting, dry brush, color mixing, etc. We will do step-by-step “paint-alongs” of various subjects that will WOW your friends and family! Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

ADVANCED WATERCOLOR

Thursdays 1:00-4:00

Must have 3+ years’ experience in watercolor and be able to work on your own some of the time. Continue refining your control of the water, colors, and timing with projects chosen by you and/or the instructor. Develop and discover your unique style by experimenting with new approaches, techniques, and subject matter. Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

DRAWING BASICS Fridays 1:00-3:30

Always wanted to draw better? Come learn the basics of realistic drawing and develop your artist's eye. Easy step-by-step instruction of various subject matter teaches you the sequence of creating surprisingly realistic 3-D shapes using lines, angles, shadows, and shading. Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

WOODSHOP

Tuesday & Thursday

9:15-11:45 + 12:30 – 2:45

\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always “experts” on hand to solve any problems or questions you might have. **As always, safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

LINE DANCE

Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA GOLD

New Instructor

Zumba Gold is 50 minutes of low impact, senior friendly aerobic activity. The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore,

Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00

September 3, 10, 17, 24 – Regular Day Activities

MANG BRANCH

The Mang Branch of our Senior Center will be meeting at the Senior Center on Ensminger Road while the Mang Community Center is under construction. They would love for some of our regular members to stop in to see what they’re all about & participate with them. They will meet on Mondays and Thursdays in room 8 (the pool room) from 9:30am-2:30pm.

Mondays schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open pinochle

12:30pm: Progressive Pinochle

Thursdays Schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open Pinochle

10:00am: Scat

12:30pm: Open Pinochle, Scat, Poker

Please call Sharon to reserve your spot for Thursday afternoon Pinochle 319-0680.

Tuesday, Wednesday, Friday schedule:

10:00am: Scat Group Meets – come join them

TOWN TRANSPORTATION SERVICE

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore.

For more information or to schedule a van call:

875-1029 Monday-Friday 8:30am-1:30pm

Our vans start at 9:00am – and finish for the day at approximately 3:30pm.

To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left.

Cost:

\$3.00 (In-Town) or \$6.00 (Out of Town) each way.