

**Lunch: served each day at Noon, must be pre-registered. You may call on any day to see if we have cancellations.**

# October 2020

**Senior Center 874-3266**

**The Make-up classes are ONLY for those that had already paid and had been registered when we closed in March.**

Mon	Tue	Wed	Thu	Fri
	C = Cafetorium Conf = Conference Room		1 10:00 Exercise (C) 1:00 Watercolor Make-up (4) 1:15 Jazzy Dance Make-up (C)  <u>Program:</u> Book Club 10am(Conf)	2 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:15 Drawing Make-up (C)
5 10:00 Exercise (C)	6 1:00 Watercolor Make-up (4)	7 9:00 Sewing Group (14) 10:15 Zumba Make-up (C)	8 10:00 Exercise (C) 1:00 Watercolor Make-up (4) 1:15 Jazzy Dance Make-up (C)	9 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:15 Drawing Make-up (C)
12  Closed   Columbus Day	13  <u>Program: Bingo 1pm (C)</u>	14 9:00 Sewing Group (14)	15  10:00 Exercise (C)	16  9:00 Social Crafts (4) 10:00 Preventing Falls (C)
19 9:30 Ceramics (9) 10:00 Exercise (C) 1:00 Ceramics (9) 1:30 Qigong (C)	20 9:30 Ceramics (9) 10:00 Line Dance (C) 1:00 Watercolor (4) 1:00 Ceramics (9)	21 8:45 Yoga (C) 9:00 Sewing Group (14) 9:30 Ceramics (9) 10:15 Zumba (C) 1:00 Ceramics (9) 1:30 Tai Chi (C)	22 10:00 Exercise (C) 1:00 Watercolor (4) 1:15 Jazzy Dance (C)	23 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:15 Drawing (C)
26 9:30 Ceramics (9) 10:00 Exercise (C) 1:00 Ceramics (9) 1:30 Qigong (C)	27 9:30 Ceramics (9) 10:00 Line Dance (C) 1:00 Watercolor (4) 1:00 Ceramics (9)  <u>Program: Bingo 1pm (C)</u>	28 8:45 Yoga (C) 9:00 Sewing Group (14) 9:30 Ceramics (9) 10:15 Zumba (C) 1:00 Ceramics (9) 1:30 Tai Chi (C)	29 10:00 Exercise (C) 1:00 Watercolor (4) 1:15 Jazzy Dance (C)	30 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:15 Drawing (C)

**You MUST be pre-registered for all classes, activities and programs: SPACE IS LIMITED**