

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

DIRECTOR'S LETTER

November is here, which means we are already on the brink of the holiday season! This is the time of year when many of the clubs, groups and the Senior Center all host various holiday parties.

We hope to see you at the Trim a Tree party this year. This party is always a lot of fun as everyone has a chance to put an ornament on our Christmas Tree, enjoy a pizza lunch and get into the holiday spirit. If you've been good, we also might have a surprise visitor stop in! This is a wonderful afternoon and for \$3, how can you go wrong?

I hope everyone has purchased their tickets for the Holiday Fundraiser. This is a great party with LOADS of baskets, raffles and prizes. Come out and support this cause and hopefully win some nice prizes. Tickets tend to go quickly. If you're interested in going, please call or stop by the office to see if there are any left. Thank you to everyone that is helping to support this very worthwhile event.

I hope everyone has a wonderful Thanksgiving! Enjoy time with your family and this time of year. It can be very hectic but also a lot of fun. Remember to take care of yourself!

Tricia Pray, Director

PRESIDENT'S CORNER

The Holiday season is starting and the center is getting ready. During this season of giving, we will be holding our Holiday Fundraiser on Saturday, November 16th. This is to help support families in the Tonawanda and Kenmore area. Remember to stop in the office for your ticket as soon as possible. Wishing everyone a Happy Thanksgiving!

Donna Heiss, President

WELCOME COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour, please call Donna Heiss at 694-3773.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Bill & Judy White, Gerri Stuff, Patricia Sciandra, Christine Wolansky, Colleen Chatham, Sharon Myers, Nora Pulinski, Sharon Cianciosi, Mary Jean Shields, Patti Shoemaker, Gerald McLaughlin, Mary McCreary, Patricia Turner, Cindy Langa, Sharon Liedy, Roger & Grace Baldinger, Margaret Was, Jaime Fanara, Robert Johnson, Donna Messler, JoAnn Monat, Mike & Donna Reinbolt, Sue Smith, Howard & Gretchen Eichhorn, Debbie Nappo, Christ Consiglio, Joseph & Nancy Strychasz, Yolanda Monte-DiPaolo, Fred DiPaolo, Joan Boulanger, Susan Dombrowski.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Joann Frens, Gary & Cathy Finley, Mary Veitch.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Fred Meli, Natalie Pruc.

Our Sympathy to the following members who have lost loved ones: Sally & Roy Holts loss of brother, Bob & Evelyn Dziadasek loss of sister.

Please let the office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Betty Bavaro, Barb Bielli, Joan DeLong, Evelyn & Bob Dziadasek, Diana Hull, Diane Kruck, Annette Maus, Dolores Mickens, Elaine Miller, Nancy Pilon, Diana Randall, Elaine Schultz, Jean Serra, Anna Stanton, Betty Vitko, Wanda Webb and Vickie Christopher.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we have a Birthday Drawing. Every 3 months we have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift

certificate which can be used towards a Senior Center party or trip.

SEPTEMBER WINNER

Birthday: Jim Cracchiola

Anniversary: Otto & Mary Ann Achtziger

PARTIES

TREE TRIMMING PARTY

Help us kick off the Christmas season by joining us for lunch and helping to decorate the Center's Christmas tree!! Lunch will be pizza (donated by the Sheridan Drive Lions Club), popcorn, pop and coffee followed by cookies and ice cream for dessert.

We will have a good old fashioned sing-a-long led by our very own Senior Center choral group. What an enjoyable way to get you into the Holiday Spirit!

DATE: Friday, December 6, 2019

TIME: 1:00 pm (doors open at 12:45pm)

COST: \$3.00 (\$5.00 non-members)

SIGNUP: Ends Wed., November 27

HOLIDAY FUNDRAISER

Mark your calendars for our annual Holiday Fundraiser! All proceeds will go to our "Needy Children's Fund."

Gift cards from Tops will be donated to students from the Ken-Ton School District. You always boost the spirits of these Ken-Ton families.

If you would like to donate Baked Goods for the Fundraiser please drop them off in the office the day before the Fundraiser or the day of the Fundraiser between 10 am – 2:00 pm.

We will NOT be collecting non-perishable food items this year. The Boutique will be open. All Boutique proceeds from 2019 will be donated to needy families in the Ken-Ton area.

DATE: Saturday, November 16, 2019

TIME: 3:00 p.m. (Doors open at 3:00 p.m.)

PLACE: Senior Center, 291 Ensminger Road

DINNER: Served from 4:00 - 5:30 p.m. by Luke's Catering: Chicken Cutlet, Potatoes, Vegetable, Chef Salad & Beverages. Our Senior's will hold a Bake Sale for dessert!

THEME BASKET: Auction will begin at approximately 5:30pm

DONATION: \$12.00 includes a day of fun, food, theme basket auction and a special auction. (NO REFUNDS) Your ticket stub automatically enters you in a drawing to win a Cash Prize

TICKETS: Until sold out.

PROGRAMS & EVENTS

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning January 6th thru all of 2020. Call the office to register at 874-3266.

COST: AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo on the following Fridays after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary. You must be a member to play.

DATE: Friday, November 8 & 22, 2019

TIME: 1:00 pm

PLACE: Senior Center Cafeteria

KEN-TON MEALS ON WHEELS

The Ken-Ton Meals on Wheels Program is currently looking for enthusiastic volunteers to help in supporting the dignity and independence of homebound persons in our community. Volunteers are needed as drivers, meal packaging and handymen. We especially need people who can fill in as drivers or servers on the routes. If you have some free time between 11:00 a.m. and 1:00 p.m. and are comfortable being called to fill in, we would love to work with you. Please call Tina at 716-874-3595 for more information. Thank You!

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am**. At our November 7th meeting we will discuss the book "Table for Five" by Susan Wiggs. At our December 5th meeting we will discuss the book "Carnegies Maid" by Marie Benedict.

BOUTIQUE

We will be open for business on Mondays, Wednesdays and Fridays from 10:00 am to 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Items to be sold must be brought into the office.

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance,

your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

MATINEE MADNESS MONTH OF NOVEMBER

Please Note: Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a movie show on our big screen TV. Movies are shown at 1:00 pm.

11/4/19: Rocketman: (Taron Egerton) – A musical fantasy about the fantastical human story of Elton John's breakthrough years. (Rated PG-13, 120 mins.)

11/18/19: The Sun is Also a Star: (Yara Shadidi, Anais Lee) – A hopeless romantic ambivalent about his future in medical school falls for a hard luck young woman who doesn't believe in love. (Rated PG-13; Romance/Drama; 100 mins.)

11/25/19: Going the Distance: (Drew Barrymore, Justin Long) – A romantic comedy centered on a guy and a gal who try to keep their love alive as they shuttle back and forth between New York and San Francisco to see one another. (Rated-R; Romance/Comedy; 102 mins.)

BILLIARDS - ROOM 8

The Billiards room will be open on Tuesday, Wednesday and Friday from 8:30 to 4:30pm.

BRIDGE LESSON TUESDAYS

9:30 am Duplicate bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new "Because Game," meet new friends, ask questions, and just enjoy.

CANASTA

Do you play **CANASTA**? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you'll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

KUPPLES KLUB

On November 7th, we will have a regular meeting. Our Christmas party is on December 5th, at Fairways at Deerwood, 1818 Sweeney St. North Tonawanda. For reservations see Lucille Moore, cut-off date is November 14th.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kupples Klub.

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm. Everyone signing in will play.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Tuesday at 11:00am & Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every Wednesday from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB

I can't believe the holidays are almost here. At our November 21st meeting we will be having our nominations and election of officers for 2020. We are always seeking new people to accept the challenge and become an officer.

December 12th, is our annual Christmas party, more information will be posted on the bulletin board. Happy Thanksgiving everyone!

Anyone interested in joining our group, we meet the third Thursday of every month and always welcome new members. Make sure you update your Singles membership dues which are \$3.00 and you must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

SOCIAL CRAFTS

Join us on Fridays from 9:00 am to noon. Come join the fun and be creative with us. Need help with project? We'll help!

TABLE TENNIS

Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Monday, Tuesday & Thursday's from 9:00 -11:00am. This is not a league, we play for exercise & fun. For more information stop by and ask for Bob or Jean.

WOOD BURNING GROUP

We meet Wednesdays from 9:00 – 11:00am in room 4. If interested bring wood burning equipment, minimum charge for wood and patterns.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy creating beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people.

INTERMEDIATE WATERCOLOR

Tuesdays 1:00-4:00

For those who have already completed an Intro to Watercolor class. Continue to build your skills in watercolor techniques such as washes, glazing, layering, and lifting, dry brush, color mixing, etc. We will do step-by-step "paint-alongs" of various subjects that will WOW your friends and family! Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

ADVANCED WATERCOLOR

Thursdays 1:00-4:00

Must have 3+ years' experience in watercolor and be able to work on your own some of the time. Continue refining your control of the water, colors, and timing with projects chosen by you and/or the instructor. Develop and discover your unique style by experimenting with new approaches, techniques, and subject matter. Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

DRAWING BASICS Fridays 1:00-3:30

Always wanted to draw better? Come learn the basics of realistic drawing and develop your artist's eye. Easy step-by-step instruction of various subject matter teaches you the sequence of creating surprisingly realistic 3-D shapes using lines, angles, shadows, and shading. Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

WOODSHOP

Tuesday & Thursday

9:15-11:45 + 12:30 – 2:45

\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always "experts" on hand to solve any problems or questions you might have. **As always, safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

LINE DANCE

Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA GOLD

New Instructor

Zumba Gold is 50 minutes of low impact, senior friendly aerobic activity. The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore,

Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00
November 5, 12, 19, 26 – Regular Day Activities

MANG BRANCH

The Mang Branch of our Senior Center will be meeting at the Senior Center on Ensminger Road while the Mang Community Center is under construction. They would love for some of our regular members to stop in to see what they're all about & participate with them. They will meet on Mondays and Thursdays in room 8 (the pool room) from 9:30am-2:30pm.

Mondays schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open pinochle, 12:30pm: Progressive Pinochle

Thursdays Schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open Pinochle

10:00am: Scat

12:30pm: Open Pinochle, Scat, Poker

Please call Sharon to reserve your spot for Thursday afternoon Pinochle 319-0680.

Tuesday, Wednesday, Friday schedule:

10:00am: Scat Group Meets – come join them

TOWN TRANSPORTATION SERVICE

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore.

For more information or to schedule a van call:

875-1029 Monday-Friday 8:30am-1:30pm

Our vans start at 9:00am – and finish for the day at approximately 3:30pm.

To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left.

Cost:

\$3.00 (In-Town) or \$6.00 (Out of Town) each way.