

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of
Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's
a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

FROM THE DIRECTOR

Senior Citizens month is over and was quite busy with all of the special events that took place at the center. It was wonderful to see so many of you participate in them. The memorial service was especially moving this year. We had to say good-bye to many long time, wonderful members. They will be missed by all of us. A special thank you to the outgoing board members for a job well done and congratulations to the incoming board members. I'm looking forward to working with all of you in the coming year. We are very lucky to have such a great team in the office that helped to coordinate all of the May events! They all worked very hard to make "Senior Citizens Month" a huge success and a lot of fun for you. Without their hard work it would be impossible to run them. I hope you enjoyed everything!!!

This year at the volunteer recognition luncheon we honored *Linda Hamilton* as our Volunteer of the Year. We thank her for her many years of hard work and dedication to the Senior Center. She has done so much in the 6 years since she joined! We are so lucky to have her as a volunteer helping our center in so many different ways!

Please don't forget about renewing your senior center membership. Remember, you must be a member of the senior center to participate in our activities. Non-members may participate in the lunch program or the Preventing Falls classes run by Erie County and pay an additional fee for classes & parties, but may not participate in cards, bingo and our various other groups.

We have some exciting events coming up at the Senior Center. The "Hawaiian Luau" party is coming up on the 7th of this month, a day trip called "Sexy Laundry" on June 12th, the Hot Dog Roast on July 12th, a day trip to see the Blazing Fiddles & a River Cruise in Caledonia Ontario on July 17th and an extended trip to Branson Missouri from August 18th till the 24th. We expect all events to be a lot of fun. Hope to see everyone at the center. There is always a lot to do here... Enjoy!!

Tricia Pray, Director

PRESIDENT'S CORNER

May was such a busy month! So many events at the center especially our Volunteer of the year – congratulations to Linda Hamilton. A special thank you to our choral group for participating in our Memorial Service, your performance made it special.

June 7th we will be hosting a Hawaiian Luau, which sounds like fun with Hawaiian pizza and prizes. Feel free to wear your grass skirts and tropical attire. I am wishing all our gentlemen a Happy Father's Day!

Donna Heiss, President

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Donna Heiss at 694-3773.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Jeanette Barberio, Esther Carriero, Pauline Scibetta, Rick Keisic, Betty Carnine, Lynn Gauthier, Willard Boyd, Pauline Clough, Felicia Zarcone, Roberta Brinkworth, Dolores Macy, Sylvia Newman, Joseph & Elizabeth Roncone, Linda Moak, Patricia Jackson, Sam Muscarella, Robert & Shirley Eikenburg.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Janet Garton, Florence Purchase, Paul Henderson, Elaine Jacobs, Mike Brown, Carol DiGesare, Fran Panzica, Bob Welch, Barb Nieth.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Marcella Smith, Colleen Poeller, Elsie Peterson, Robert Clough and Elizabeth Bruckman.

Our Sympathy to the following members who have lost loved ones: Michael Petty & Kathleen Petty loss of mother, Mary Hipwell loss of sister.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Barb Bielli, Joan DeLong, Diana Hull, Diane Kruck, Karen Kopper, Carol Kostelnik, Annette Maus, Dolores Mickens, Elaine Miller, Pat Pflieger, Nancy Pilon, Arlene Ptaszkiewicz, Diana Randall, Jean Serra, Mary Smith, Betty Vitko, Peg Young and Vickie Christopher.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar.

Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

APRIL WINNER

Birthday: Mary Lou Capece

PARTIES

HOT DOG ROAST

Join us for a good old-fashioned Hot Dog Roast. We will serve grilled hot dogs, baked beans, potato chips, popcorn, and a dessert. There will be entertainment too.

DATE: Friday, July 12, 2019

TIME: 1:00 pm - doors open at 12:30 pm

COST: \$5 members, \$7 non-members

SIGNUP: Ends, Friday, July 5

ENTERTAINMENT: In The House

HAWAIIAN LUAU

DATE: Friday, June 7, 2019

TIME: 1:00 PM (doors open at 12:30pm)

COST: \$5.00 members, \$7.00 non-members

SIGNUP: Check office for availability

MENU: Hawaiian & cheese/pepperoni pizza (1 piece of each), chips, popcorn, dessert, punch & pop

TRIPS

BRANSON August 18-24

Seven days & six nights – two at the Pear Tree Inn, Indianapolis, IN and four at the Lodge of the Ozarks in Branson, MO. Five awesome shows including a lunch cruise with entertainment on the Branson Belle and a dinner show at Dolly Parton's Stampede. A visit will be made to the Titanic Museum. Much more is included. A detailed flyer including prices is available at the Senior Center. Check office for availability on this trip.

BLAZING FIDDLES RIVER CRUISE

Arrive in Caledonia, Ontario and enjoy coffee and a muffin in "The Landing" a large craft shop. Next, a live music show featuring The Blazing Fiddles. After the show, you will embark on a 3 hour cruise on the Grand River featuring a three course lunch. After the cruise refreshments will be served and a video, "The Grand Adventure" will be shown. A Passport, Passport Card or Enhanced Driver's License is required for Customs.

DATE: Wednesday, July 17, 2019

ARRIVE AT CTR. 8am

RETURN: 6:30pm

COST: \$81.

Check office for availability

SEXY LAUNDRY

DATE: Wednesday, June 12, 2019

BE AT CENTER: 9:45am

RETURN: 7pm

COST: \$79.00

Sold Out- waiting list only

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS.

Many people are sensitive to different scents.

Thank You

PROGRAMS & EVENTS

IT'S SHUFFLEBOARD TIME!!

It's time again to sign up for the Shuffleboard League. Get your team of 4 friends together, give yourselves an interesting name and come in to sign up! If you don't have a whole team, sign up anyway and we will try to get you onto a team. We will allow 8 teams to sign up, so get in early.

Come out to have fun with your friends and for some pleasant competition. Remember this is for FUN. No arguments will be tolerated!!

We are also looking for subs to fill in when the regular players cannot make it. Let us know if you are interested in being a sub.

DATE: Wednesday, September 11– November 20, 2019

TIME: 1:00 pm

COST: Free

SIGN-UP: Begins Monday, July 8 & ends Friday, August 16th or when all spots are filled

PARTY: Wednesday, December 4th at 1:00 pm,

COST: \$6.00

HORSESHOE INTEREST

Would you be interested in playing horseshoes outside @ the Senior Center? Stop into the office or call and let us know.

SENIOR CENTER COMMUNITY GARDEN

How would you like to participate in the Senior Center's annual community garden? Please stop in the office or call us at 874-3266.

GREENHOUSE

Anyone with plants in the greenhouse please be sure to remove them by June 28th or they will be disposed of.

UNIVERSITY EXPRESS/RSVP CLASSES

Historic & Influential People from Buffalo, NY –

Early 1800s: Meet people who influenced the early history of WNY, many of whom received national acclaim for their achievements.

Thursday, June 6th @ 1:00pm.

A Mind's Eye Witness: Murder in North Buffalo: A mother of four was shot in her home by intruders in April of 1924. Four individuals were seen fleeing the scene. Details of the crime and the investigation by the Buffalo

Police Department will be discussed.

Tuesday, June 11th @ 1:00pm.

Niagara Falls: Survivor of the Ice Age: Niagara Falls and its gorge tell the 12,000 year old story of retreating glaciers, water levels, and elevation. The area was shaped by the tremendous forces of past glaciers and river systems into five distinct sections.

Tuesday, July 9th @ 1:00pm.

The classes listed are FREE and will be held at the Town of Tonawanda Senior Center. Please call 874-3266 to register.

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning July 1st thru all of 2019. Call the office to register at 874-3266. **COST:** AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo, on Fridays, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary. You must be a member to play.

DATE: Friday, June 14 & 28, 2019

TIME: 1:00 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am**. At our June 6th meeting we will discuss the book "The Forgotten Garden" by Kate Morton. **The Book Club will not meet in July & August.**

BOUTIQUE

We will be open for business on Mondays, Wednesdays and Fridays from 10:00 am to 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Items to be sold must be brought into the office.

COLORING GROUP

DATE: Friday, June 14, 2019

TIME: 12:45pm in Room 1

COST: FREE

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug

Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

MATINEE MADNESS MONTH OF JUNE

Please Note: In case a Movie is not available at the Video Store, we will rent an appropriate substitute. Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a Movie show on our big screen TV. Movies are shown at 1:00 pm.

6/3/19: The Favourite (Emma Stone, Olivia Colman) – In early 18th century England, a frail Queen Anne occupies the throne and her close friend, Lady Sarah, governs the country in her stead. (Rated R, Comedy/Drama/Biography; 119 mins.)

6/10/19: Unbroken: Path to Redemption: (Samuel Hunt, Merritt Patterson) – The next amazing chapter of Olympian and World War II hero Louis Zamperini's powerful true story of forgiveness, redemption, and amazing grace. (Rated PG-13; Biography/Drama; 98 mins.)

6/17/19: At Eternity's Gate: (Willem Dafoe, Rupert Friend) – A look at the life of painter Vincent van Gogh during the time he lived in Aries and Auvers-sur-Oise, France. (Rated PG-13; Biography/Drama; 111 mins.)

6/24/19: Instant Family: (Mark Wahlberg) – A couple find themselves in over their heads when they foster three children. (Rated PG-13; Comedy/Drama; 118 mins.)

BILLIARDS - ROOM 8

The Billiards room will be open on Tuesday, Wednesday and Friday from 8:30 to 4:30pm.

BRIDGE LESSON TUESDAYS

9:30 am Duplicate bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new "Because Game," meet new friends, ask questions, and just enjoy.

CANASTA

Do you play CANASTA? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you'll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

KUPPLES KLUB

On June 6th at noon, we will be hosting a Hot Dog Roast. Come join the fun! See bulletin board for more information.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kupples Klub.

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm. Everyone signing in will play.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Tuesday at 11:00am & Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every Wednesday from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB

Our May meeting we played Bingo and everyone enjoyed it along with winning! On June 20th we will host our basket raffle. We would like every singles club member to bring a basket, gift card or cash donation – we can make a basket for you! To make our raffle a success we would like every member to contribute. Let's make this another successful event.

Make sure you update your Singles membership dues which are \$3.00 and you must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

SOCIAL CRAFTS

Join us on Fridays from 9:00 am to noon. Come join the fun and be creative with us. Need help with project? We'll help!

TABLE TENNIS

Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Monday, Tuesday & Thursday's from 9:00 -11:00am. This is not a league, we play for exercise & fun. For more information stop by and ask for Bob or Jean.

WOOD BURNING GROUP

We meet Wednesdays from 9:00 – 11:00am in room 4. If interested bring wood burning equipment, minimum charge for wood and patterns.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy creating beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people.

DRAWING CLASS

Learn step by step basic artistic concepts such as shape, value, shading, perspective, contrast, and composition. Practice seeing with an artist's eye. Develop the skills to make your drawings look real using graphite, colored pencil, charcoal, and/or pastels.

WOODSHOP

Tuesday & Thursday 9:15-11:45 + 12:30 – 2:45
\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always "experts" on hand to solve any problems or questions you might have. **As always, safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

LINEDANCE

Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore,

Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00

June 4,11,18,25 – Regular Day Activities

MANG BRANCH

The Mang Branch of our Senior Center will be meeting at the Senior Center on Ensminger Road while the Mang Community Center is under construction. They would love for some of our regular members to stop in to see what they're all about & participate with them. They will meet on Mondays and Thursdays in room 8 (the pool room) from 9:30am-2:30pm.

Mondays schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open pinochle

12:30pm: Progressive Pinochle

Thursdays Schedule:

**** NEW PLAYERS ALWAYS WELCOME****

9:30am: Open Pinochle

10:00am: Scat

12:30pm: Open Pinochle, Scat, Poker

Please call Sharon to reserve your spot for Thursday afternoon Pinochle 319-0680.

Tuesday, Wednesday, Friday schedule:

10:00am: Scat Group Meets – come join them