

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of
Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's
a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

DIRECTOR'S LETTER

Happy Holidays to you and yours! On behalf of myself and the Senior Center staff we would like to wish you all Health and Happiness this Holiday Season and in 2020.

Our Holiday Fundraiser was a **big** success! We had more baskets this year than we've ever had! A heartfelt thanks go out to everyone that purchased a ticket and all of the following that worked so hard on this event: All of the Boutique Volunteers, Helen Loveric and the Bake Sale Volunteers, all of the people that volunteered during the fundraiser and all of the Classes, Clubs, Groups and individuals who donated prizes and baskets.

The proceeds from the boutique will benefit approximately 30 families at Edison & Lindbergh Elementary Schools. Donations of a gift card for Tops will be given to at least 50 students from the Ken-Ton School District Middle and High Schools.

If you or your family members are looking for a gift this holiday season, please remember that we sell Town Gift Cards in the office. They are available for any amount and can be used towards classes, trips, parties, dances or at any other Town Facility. We also sell nutrition gift certificates that can be redeemed at our Senior Center for lunch from the Stay Fit Dining nutrition program. Nutrition gift certificates are \$3.00 each. Lastly, we sell books of tickets for the van service. A book of 10 "In Town" tickets is \$30, and 10 "Out of Town" tickets is \$60. All are also available throughout the year.

One last note, please make sure you have a sweater with you to wear while you're participating in various programs at our senior center. The heat in our building is very unpredictable and there's a chance that you may be in a room that is cool.

Please note that lunch will be served at 11:30am and the Senior Center will close at 12:30 on Tuesday December 24nd and Tuesday December 31th. Enjoy your holidays!

Tricia Pray, Director

PRESIDENT'S CORNER

Wow what a great November we had! Thanks to everyone who helped make our Holiday Fundraiser a great success. It shows what a wonderful giving family we are here at the Senior Center. On December 6th we will be holding our annual Tree Trimming Party with music by our own choral group. I would like to wish everyone a Merry Christmas and a Happy Healthy New Year!

Donna Heiss, President

STORM CLOSING

With winter on the way, you can find out if the Center is closed due to inclement weather. Announcements regarding the Town of Tonawanda Youth, Parks & Recreation Department can be heard on WBEN 930 AM. Please do not put your health at risk by making unnecessary trips in bad weather. WE DO NOT fall under the Ken-Ton School District.

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Donna Heiss at 694-3773.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Darlene Bush, Judy Barone, Mary Alice Frank, Robert Mayer, Theresa Macey, Mary Kisiel, Richard Denick, Michael Rudzinski, Beth Lipinoga, Edward Janik, JoAnn Pietraszewski, Nancy Varco, Marie DeSalvo, David Churchill, Andrew & Sandra Tomasullo, Joan Brown, Jeannie Williams and Mary Ann Nadolinski.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Shirley Zygmunt, Gary & Cathy Finley, Mary Veitch, Kay Felice, Michael Thomas.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Will Murr, Patricia Abraham, Betty Bertola, Thelma Faye Padak, Art Szulist, Mary Kreiger.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Betty Bavaro, Joan DeLong, Evelyn and Bob Dziadasek, Diana Hull, Diane Kruck, Carol Kostelnik, Annette Maus, Evelyn May, Dolores Mickens, Pat Pflieger, Nancy Pilon, Diana Randall, Jean Serra, Anna Stanton, Betty Vitko, Peggy Young and Vickie Christopher.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

OCTOBER WINNER

Birthday: Jean Rykert

PARTIES

TREE TRIMMING PARTY

Help us kick off the Christmas season by joining us for lunch and helping to decorate the Center's Christmas tree!! Lunch will be pizza (donated by the Sheridan Drive Lions Club), popcorn, pop and coffee followed by cookies and ice cream for dessert.

We will have a good old fashioned sing-a-long led by our very own Senior Center choral group. What an enjoyable way to get you into the Holiday Spirit!

DATE: Friday, December 6, 2019

TIME: 1:00 pm (doors open at 12:45pm)

COST: \$3.00 (\$5.00 non-members)

SIGNUP: See office for availability

DANCES

WINTERFEST TOWN DANCE

Join us for the Town of Tonawanda Youth, Parks and Recreation Department's kick off to the Winterfest Weekend. This weekend is filled with events for Town of Tonawanda and Village of Kenmore residents.

We will have a live band here at the Senior Center for your dancing and listening pleasure. Refreshments will be served and will include pizza, popcorn, dessert, pop and coffee. This wonderful event is sponsored by the Town of Tonawanda.

** Look for a list of other events happening that weekend at all Town Recreation Facilities

DATE: Thursday, January 16, 2020

TIME: 7:00 p.m. – 10:00 p.m. (doors open at 6:30 p.m.)

PLACE: Town of Tonawanda Senior Center

COST: \$4.00 for Members and Ken-Ton Residents
\$6.00 for Non-Residents

SIGNUP: December 2 - January 10

BAND: National Trust

PROGRAMS & EVENTS

You must be a Senior Center member to participate in our programs or events, unless otherwise indicated.

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning January 6th thru the end of 2020. Call the office to register at 874-3266. **COST:** AARP members \$20.00/non-members \$25.00. Starting July 1st there will be a price increase; AARP will pay members \$25.00/non-members \$30.00

BINGO

We will play Bingo, on Fridays, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary.

DATE: Friday, December 20, 2019

TIME: Approximately 12:45 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the **Book Club**. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am**. At our December 5th meeting we will discuss the book "Carnegie's Maid" by Marie Benedict. At our January 2nd meeting we will discuss the book "The Thirteenth Gift" by Joanne Huist Smith.

BOUTIQUE

We will be open for business on Mondays, Wednesdays and Fridays from 10:00 am to 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Items to be sold must be brought into the office.

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

MATINEE MADNESS MONTH OF DECEMBER

Please Note: In case a movie is not available at the video store, we will rent an appropriate substitute. Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a movie on our big screen TV. Movies are shown at 1:00 pm.

12/02/19: Surviving Christmas: (Ben Affleck) – A lonely, obnoxious young millionaire pays a family to spend Christmas with him. (Rated PG-13; Comedy/Romance; 91 mins.)

12/09/19: The Christmas Hope: (Madeleine Stowe) – When lives intertwine during Christmas, hope is the only unifying gift. After suffering a personal tragedy, a social worker throws herself into finding homes for children in need. (Rated TV-PG; Drama; 90 mins.)

12/16/19: Christmas in the Clouds: (Timothy Vahle) A classic comedy of mistaken identity and romance set during the holiday season at a ski resort that is owned and operated by a Native American Nation. (Rated PG; Comedy/Family/Romance; 96 mins.)

12/23/19: A Christmas Story 2: (Daniel Stern) – Five years later, Ralphie has his eyes fixed on a car. But trouble is sure to follow. (Rated PG; Comedy/Family; 85 mins.)

12/30/19: Four Christmas: (Reese Witherspoon) – A couple struggles to visit all four of their divorced parents on Christmas. (Rated PG-13; Comedy/Romance/Drama; 88 mins.)

BILLIARDS - ROOM 8

The Billiards room will be open on Tuesday, Wednesday and Friday from 8:30 to 4:30pm.

BRIDGE LESSON TUESDAYS

9:30 am Duplicate Bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new "Because Game," meet new friends, ask questions, and just enjoy.

CANASTA

Do you play CANASTA? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CARD GAMES – Room 8

Join us on Thursdays in Room 8 to play fun card games such as Pay Me, Pass the Ace, Left, Right, Center, Scat etc! 9:30 – Noon & 12:30 – 2:30. All are welcome!

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you'll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

KUPPLES KLUB

Our Christmas party, is on December 5th, at Fairways at Deerwood, 1818 Sweeney St. North Tonawanda. You must have signed up for this ahead of time.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kupples Klub.

PROGRESSIVE PINOCHLE MONDAY

We play each Monday at 12:30pm in Room 8. Everyone signing in will play.

PINOCHLE WEDNESDAY

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm in room 7. Sign up will be from 8:30 to 12:30pm. Everyone signing in by 12:30 will play.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Friday at 10:30am. Any Erie County resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every Wednesday from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB

Congratulations to our new officers for 2020. Our annual Christmas party will be held on Thursday, December 12th. Look for more information on the bulletin board including our fantastic menu. Thank you to all the members for all their contributions to the holiday fundraiser and helping make it a success. Wishing everyone a Merry Christmas and a Happy New Year!

Anyone interested in joining our group, we meet the third Thursday of every month and always welcome new members. Make sure you update your Singles membership dues which are \$3.00 and you must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

SOCIAL CRAFTS

Join us on Fridays from 9:00 am to noon. Come join the fun and be creative with us. Need help with a project? We'll help!

TABLE TENNIS

Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Mondays, Tuesdays & Thursdays from 9:00 -11:00am. This is not a league; we play for exercise & fun. For more information stop by and ask for Bob or Jean.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy creating beautiful items and enjoy being part of a very happy and friendly group of wonderful people.

INTERMEDIATE WATERCOLOR

Tuesdays 1:00-4:00

For those who have already completed an Intro to Watercolor class, continue to build your skills in watercolor techniques such as washes, glazing, layering, and lifting, dry brush, color mixing, etc. We will do step-by-step “paint-alongs” of various subjects that will WOW your friends and family! Please pick up your supply list in the office when registering and contact Instructor Sheila Reigh before 1st class.

ADVANCED WATERCOLOR

Thursdays 1:00-4:00

Must have 3+ years’ experience in watercolor and be able to work on your own some of the time. Continue refining your control of the water, colors, and timing with projects chosen by you and/or the instructor. Develop and discover your unique style by experimenting with new approaches, techniques, and subject matter. Please pick up your supply list in office when registering and contact Instructor Sheila Reigh before 1st class.

DRAWING BASICS Fridays 1:00-3:30

Always wanted to draw better? Come learn the basics of realistic drawing and develop your artist's eye. Easy step-by-step instruction of various subject matter teaches you the sequence of creating surprisingly realistic 3-D shapes using lines, angles, shadows, and shading. Please pick up your supply list in office when registering and contact Instructor Sheila Reigh before 1st class.

WOODSHOP

Tuesday & Thursday

9:15-11:45 + 12:30 – 2:45

\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop.

We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always “experts” on hand to solve any problems or questions you might have. **As always, safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises, some with breathing, some with movement, and some stationary, a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You

will experience a real difference in your strength, balance and energy levels.

LINE DANCE

Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA GOLD

New Instructor

Zumba Gold is 50 minutes of low impact, senior friendly aerobic activity. The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore,

Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00

Everyone signing in will play pinochle.

December 3, 10, 17 - Regular Day Activities

December 24, 31 – Closed for Holidays

TOWN TRANSPORTATION SERVICE

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore.

For more information or to schedule a van call:

875-1029 Monday-Friday 8:30am-1:30pm

Our vans start at 9:00am – and finish for the day at approximately 3:30pm.

To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left.

Cost:

\$3.00 (In-Town) or \$6.00 (Out of Town) each way.



Happy Holidays!



**From all the
Senior Center Staff!**