FROM THE DIRECTOR

Summer is in full swing and I hope you’re able to get outside & enjoy the nice days. The Senior Center is busy getting ready for fall. Don’t forget that most Senior Center members need to pay their dues for 2020 sometime between Labor Day and December 31, 2019. This will ensure you remain a current member so you may continue to take our classes, come to parties, and enjoy all our center has to offer. Also, if you’d like to receive the bulletin in the mail, the cost is $5.00 per year. If you’re not sure when your dues or bulletin subscription need to be paid, please feel free to stop by the office and we’ll be happy to check for you.

It was wonderful to see so many of you at our Hot Dog Roast. It was fantastic and everyone had a very enjoyable afternoon. I hope that just as many people will sign up for our Senior Center Picnic on September 13th. We’ll be enjoying delicious Chiavetta’s Chicken, playing games and the Hastings & Sampson Duo will be here to entertain us that afternoon!! It is always a great time.

Don’t forget to come in to sign up for fall classes, shuffle board and our trips. You may sign up for classes until September 6th. Check the bulletin for dates and costs.

We will be closed for our annual maintenance shut down between August 21st and September 2nd. The Senior Center will reopen on September 3rd. Enjoy the rest of your summer and we hope to see you around the Senior Center!

Tricia Pray, Director

PRESIDENT’S CORNER

Wow – here it is August already! This month is when we shut down from August 19th and re-open on Tuesday September 3rd. This is the time when our maintenance crew goes to work and spiffs up our center. Fall classes will be starting & shuffleboard, too! Happy Labor Day to all - see you in September.

Check out our bulletin for more information on events, parties and classes that are available.

Donna Heiss, President
**WELCOMING COMMITTEE**
Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Donna Heiss at 694-3773.

**WELCOME TO OUR NEW MEMBERS**
We would like to welcome the following members who recently joined: JoAnn Grzechowiak, Donna Gauthier, Linda Fanara, Shirley Chojnacki, Carol Barnhart, Mary Mueller, Lucretia Muffoletto, Linda Pike, JoAnn Grzechowiak.

**SUNSHINE REPORT**
Get Well/Thinking of You wishes go out to the following members: Frank Klepp, Roy Holtz, Michael Brown, Freda Klotzback, Audrey Morris, Dave Hussar.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Jeannine Quinlan, William VanNess, Esther Ferris.

Please let the office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

**BULLETINS**
Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Joan DeLong, Evelyn & Bob Dziadasek, Diane Kruck, Karen Kopper, Carol Kostelnik, Evelyn May, Dolores Mickens, Nancy Pilon, Arlene Ptaszkiewicz, Diana Randall, Elaine Schultz, Jean Serra, Anna Stanton, Kathy Thompson, Wanda Webb, Peg Young and Vickie Christopher.

**BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!**
Each month we have a Birthday Drawing. Every 3 months we have an Anniversary Drawing. If you’re Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a $10 gift certificate which can be used towards a Senior Center party or trip.

**JUNE WINNER**
Anniversary: Carol Ann & Don Gleason
Birthday: Kathy Douglass

**50+ WEDDING ANNIVERSARY PARTY**
If you and your spouse have been married to each other for at least 50 years, and you’re a Town of Tonawanda or Village of Kenmore resident, you’re invited to our 50+ Wedding Anniversary Party!

You will be treated to a delicious catered dinner by Lucarelli’s Catering, and live entertainment! The event is free for couples celebrating a 50th, 55th, 60th, 65th, 70th or 75th Wedding Anniversary this year. Couples celebrating 51-54; 56-59; 61-64; 66-69 or 71-74 years of marriage may attend the celebration for only $10 per couple.

Each couple registering MUST show proof of residency (photo ID with current address) and your marriage certificate even if you have attended previously.

DATE: Friday, October 18, 2019
TIME: 5:15 pm - Doors open
5:30 pm - Hors d’oeuvres
6:30 pm - Dinner
PLACE: Town of Tonawanda Senior Center
COST: Free for couples celebrating: 50, 55, 60, 65, 70 or 75 years of marriage
$10 per couple for those celebrating: 51-54; 56-59; 61-64; 66-69 or 71-74 years of marriage
MENU: Family Style: catered by Lucarelli’s
SIGNUP: Starts Thursday, August 1 – Last date to register is Tuesday, October 8 or when sold out.

**ANNUAL SENIOR PICNIC**
Chiavetta’s Chicken

Its time again for the annual Picnic and you don’t want to miss it. You will enjoy entertainment, games, bingo, food and fun with your friends. **ALL tickets must be purchased by September 3.**

DATE: Friday, September 13, 2019
TIME: Doors open at 11:00 a.m. and lunch is served at 12 noon
PLACE: T.O.T. Senior Center, 291 Ensminger Rd.
COST: $12.00 members, $14.00 non-members
SIGNUP: Ends September 3rd
MENU: Chiavetta’s chicken, pulled pork, pasta, potatoes, salad, beer, pop, coffee & an ice cream treat.
NO Take-Outs
ENTERTAINMENT: Hastings & Sampson Duo

**FINGER LAKES RACETRACK & CASINO**

Spend a day at the races on this fun filled trip to the Finger Lakes Raceway & Casino. A racing program and tip sheet will be included. This is live thoroughbred racing. Lunch will be at the Vineyard Buffet. For those interested in the casino you will receive $5 in free play and be entered into the Club 55 drawing.

DATE: Wednesday, September 18
ARRIVE AT CTR: 9AM
RETURN: 5:30PM
COST: $57.
Check office for availability
BRANSON
August 18-24

Seven days & six nights – two at the Pear Tree Inn, Indianapolis, IN and four at the Lodge of the Ozarks in Branson, MO. Five awesome shows including a lunch cruise with entertainment on the Branson Belle and a dinner show at Dolly Parton’s Stampede. A visit will be made to the Titanic Museum. Much more is included. A detailed flyer including prices is available at the Senior Center. Check office for availability on this trip.

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS. Many people are sensitive to different scents.

Thank You

PROGRAMS & EVENTS

CLERK ON THE GO

Join Erie County Clerk Michael Kearns as he discusses clerk services and the impact of the Real ID Act. Find out how this law will impact you as of October, 2020. Members of the County Clerk’s Office will be on hand to answer your questions regarding Real ID, Enhanced License, Thank a Vet discount program and more.

DATE: September 24, 2019
TIME: 12:45pm in Café
No Signup Required

IT’S SHUFFLEBOARD TIME!!

It’s time again to sign up for the Shuffleboard League. Get your team of 4 friends together, give yourselves an interesting name and come in to sign up! If you don’t have a whole team, sign up anyway and we will try to get you onto a team. We will allow 8 teams to sign up, so get in early.

Come out to have fun with your friends and for some pleasant competition. Remember this is for FUN. No arguments will be tolerated!!

We are also looking for subs to fill in when the regular players cannot make it. Let us know if you are interested in being a sub.

DATE: Wednesday, September 11– November 20, 2019
TIME: 1:00 pm
COST: Free

SIGN-UP: Begins Monday, July 8 & ends Friday, August 16th or when all spots are filled
PARTY: Wednesday, December 4th at 1:00 pm,
COST: $6.00

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning August 5th thru all of 2019. Call the office to register at 874-3266. COST: AARP members $20.00/non-members $25.00.

BINGO

We will play Bingo, on Fridays, after the lunch program. Boards will be sold for $1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary. You must be a member to play.

DATE: Friday, August 2 & 16, 2019
TIME: 1:00 pm
PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at 10:00 am. The Book Club will not meet in August. At our September 5th meeting we will discuss the book “One Summer” by David Baldacci.

BOUTIQUE

The boutique will be closed all of August. We will reopen on September 4th. Have a wonderful summer.

COLORING GROUP

DATE: Friday, August 2, 2019
TIME: 12:45pm in Room 1
COST: FREE

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

MATINEE MADNESS MONTH OF AUGUST

Please Note: Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a movie show on our big screen TV. Movies are shown at 1:00 pm.
8/5/19: The American President (Michael Douglas, Martin Sheen) – A widowed U.S. President and a lobbyist who fall in love. (Rated PG-13, Comedy/Drama; 114 mins.)

8/12/19: A Mighty Wind: (Christopher Guest, Michael McKean) – Mockumentary captures the reunion of 1960s folk trio the Folksmen as they prepare for a show at The Town Hall to memorialize a recently deceased concert promoter. (Rated PG-13, 92 mins.)

BILLIARDS - ROOM 8
The Billiards room will be open on Tuesday, Wednesday and Friday from 8:30 to 4:30pm.

BRIDGE LESSON TUESDAYS
9:30 am Duplicate bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new “Because Game,” meet new friends, ask questions, and just enjoy.

CANASTA
Do you play CANASTA? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT
Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE
A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP
Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you’ll like it!

DUPLICATE BRIDGE
Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE
Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

MAH JONGG
If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

KUPPLES KLUB
On August 1st, we will be hosting our summer picnic at the NOCO pavilion (cost involved) at noon. Come and join the fun, many activities planned, everyone is sure to have fun. See bulletin board for more information.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only $2.00 per person for the year. You must also have an up to date membership for the Senior Center to be able to take part in the Kuppies Klub.

PINOCHLE
Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm. Everyone signing in will play.

PREVENTING FALLS – EXERCISE
This exercise program will be offered each Tuesday at 11:00am & Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game
SCAT group meets on Tuesday afternoons at 12:30 pm. It’s a lot of fun – don’t be shy – we’ll be happy to teach you this easy and fun game.

SEWING CLUB
We meet every Wednesday from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB
Hope everyone had a Happy 4th of July. Our summer picnic was fun and as usual the food was fantastic! A good time was had by all. There will be no meeting in August. On September 19th we will have our pot luck luncheon. Everyone certainly enjoys our variety of great food.

Anyone interested in joining our group, we meet the third Thursday of every month and always welcome new members. Have a great Labor Day and see you in September. at 1:00pm. Make sure you update your Singles membership dues which are $3.00 and you must also have an up to date membership for the Senior Center to be able to take part in the Singles Club.

SOCIAL CRAFTS
Join us on Fridays from 9:00 am to noon. Come join the fun and be creative with us. Need help with project? We’ll help!

TABLE TENNIS
Attention to the many new people who have joined the Senior Center. We are always looking to add new players. We play Monday, Tuesday & Thursday’s from 9:00 -11:00am. This is not a league, we play for exercise & fun. For more information stop by and ask for Bob or Jean.

CLASSES
CERAMICS CLASS
Hi everyone! Come join us in the fun class of ceramics. You will enjoy creating beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people.
INTRO TO WATERCOLOR - Not offered at this time.

INTERMEDIATE WATERCOLOR
Tuesdays 1:00-4:00
For those who have already completed an Intro to Watercolor class. Continue to build your skills in watercolor techniques such as washes, glazing, layering, lifting, dry brush, color mixing, etc. We will do step-by-step "paint-alongs" of various subjects that will WOW your friends and family! Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

ADVANCED WATERCOLOR
Thursdays 1:00-4:00
Must have 3+ years’ experience in watercolor and be able to work on your own some of the time. Continue refining your control of the water, colors, and timing with projects chosen by you and/or the instructor. Develop and discover your unique style by experimenting with new approaches, techniques, and subject matter. Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

DRAWING BASICS  Fridays 1:00-3:30
Always wanted to draw better? Come learn the basics of realistic drawing and develop your artist's eye. Easy step-by-step instruction of various subject matter teaches you the sequence of creating surprisingly realistic 3-D shapes using lines, angles, shadows, and shading. Please pick up your Supply List in Office when registering and contact Instructor Sheila Reigh (info on Supply List) before 1st class.

WOODSHOP
Tuesday 9:15-11:45 + 12:30 – 2:45
$2.00 per visit or $15.00 per Year
All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always “experts” on hand to solve any problems or questions you might have. As always, safety first.

TAI CHI
Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

LINE DANCE
Come and join our Line Dance Class. It is not only fun but great exercise. Stop by the Senior Office to register.

YOGA
Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. Please bring your own yoga mat.

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm
1000 Englewood Ave., Kenmore,
Telephone: 877-9524
Every Tuesday: Cards & Pinochle 9:30 & 12:00
August 6, 13, 20 – Regular Day Activities

MANG BRANCH
The Mang Branch of our Senior Center will be meeting at the Senior Center on Ensminger Road while the Mang Community Center is under construction. They would love for some of our regular members to stop in to see what they’re all about & participate with them. They will meet on Mondays and Thursdays in room 8 (the pool room) from 9:30am-2:30pm.
Mondays Schedule:
** NEW PLAYERS ALWAYS WELCOME**
9:30am: Open pinochle
12:30pm: Progressive Pinochle
Thursdays Schedule:
** NEW PLAYERS ALWAYS WELCOME**
9:30am: Open Pinochle
10:00am: Scat
12:30pm: Open Pinochle, Scat, Poker
Please call Sharon to reserve your spot for Thursday afternoon Pinochle 319-0680.
Tuesday, Wednesday, Friday schedule:
10:00am: Scat Group Meets – come join them

TOWN TRANSPORTATION SERVICE
The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore.
For more information or to schedule a van call: 875-1029 Monday-Friday 8:30am-1:30pm
Our vans start at 9:00am – and finish for the day at approximately 3:30pm.
To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left.
Cost: $3.00 (In-Town) or $6.00 (Out of Town) each way.