Town of Tonawanda Aquatic and Fitness Center 1 Pool Plaza, Buffalo, NY 14223; 716-876-7424

Directions:

From Rochester (Locations East):

• Take the I-90 West.

• After the tolls take the I-290 exit #50 towards Niagara Falls

• Stay on the I-290 until the Delaware Avenue South Exit 1A.

• Get into the left hand lane, at the 2nd light turn left 45° onto Delaware Rd. (explain that a 90°left would be Brighton Rd.)

• At the next light take a left onto Pool Plaza. We are at the end of that road.

From Canada (Locations North):

• Take I-90 South over Grand Island

• Travel over the 2nd set of bridges. Take the I-290 E exit #16 towards I-90/TONAWANDA/ROCHESTER/Albany.

• While on the 290 move into the right hand lane and get off at exit 1 (Elmwood Avenue)

• Turn left at the signal at the end of the exit ramp onto Knoche Rd. Follow this road to Delaware Ave NY-384.

• Turn right onto Delaware Ave NY-384 and move to the left lane.

• At the next light turn left 45°onto Delaware Rd. (explain that making a hard 90°left is Brighton Rd.)

• At the next light turn left onto Pool Plaza. We are at the end of that road.

From Erie PA (Locations South):

• Take I-90 East. Before the tolls to Albany the 290 splits off to Niagara Falls. Use the right hand lane for the 290 West. Take the I-290 exit #50 towards Niagara Falls. Merge onto I-290 W.

• Stay on the I-290 West and get off on RT-394 South Delaware Ave exit Number 1A.

• At the 2nd light, turn left 45°onto Delaware Rd. Explain that it is a fork in the road and turning 90° they will end up on Brighton Rd.

• Turn left at the next light onto Pool Plaza. We are at the end of the road.