



Aquatic & Fitness Center

Town of Tonawanda Aquatic & Fitness Center
One Pool Plaza, Buffalo, NY 14223 | 876-7424
www.ttypr.com

ADULT LAP SWIM TRAINING

July 9, 2019 - September 1, 2019

This program is designed for any adult looking for a good workout! Whether you are a beginner, or competitive swimmer, the coaches design a program to work on stroke technique and intensity to suit your ability.

WHEN

July 9, 2019 - September 1, 2019

Tuesdays & Thursdays - 8:00pm - 9:00pm **Sundays** - 11:00pm - 12:00pm

No class: Tuesday, August 6

WHERE

The deep end of the pool at the Town of Tonawanda Aquatic & Fitness Center.

REGISTRATION DATES

Members Monday, June 17

Non-Members Monday, June 24

COURSE #: Register for course # 341070-01 at the front desk

Program Fee Options

AFC MEMBER

Class Fee - \$69

Pay As You Go - \$5

Punch Card - \$40

NON MEMBER

Class Fee - \$115

Pay As You Go - \$7

Punch Card - \$60

UNLIMITED CLASS PASS

[formerly known as Surf & Turf]

AFC Member - \$215

Resident Non-Member - \$300

Non-Resident Non Member - \$355

Joseph H. Emminger, *Supervisor*
Town of Tonawanda

Dan Crangle, *Councilman*
Chairman, Youth, Parks & Recreation Committee

Mark Campanella, *Superintendent*
Parks & Recreation Department