



Aquatic & Fitness Center

Town of Tonawanda Aquatic & Fitness Center
One Pool Plaza, Buffalo, NY 14223 | 876-7424
www.ttypr.com

ADULT LAP SWIM TRAINING

January 3, 2019 - March 17, 2019

This program is designed for any adult looking for a good workout! Whether you are a beginner, or competitive swimmer, the coaches design a program to work on stroke technique and intensity to suit your ability.

WHEN

Tuesdays & Thursdays - 8:00pm - 9:00pm **Sundays** - 11:00pm -12:00pm
No class: Sunday, January 20 & Sunday, February 24

WHERE

The deep end of the pool at the Town of Tonawanda Aquatic & Fitness Center.

REGISTRATION DATES

Members Monday, December 3
Non-Members Monday, December 10

COURSE #: Register for course # 141070-01 at the front desk

Program Fee Options

AFC MEMBER

Class Fee - \$90
Pay As You Go - \$5
Punch Card - \$40

NON MEMBER

Class Fee - \$150
Pay As You Go - \$7
Punch Card - \$60

UNLIMITED CLASS PASS

[formerly known as Surf & Turf]

AFC Member - \$215

Resident Non-Member - \$300

Non-Resident Non Member - \$355

Joseph H. Emminger, *Supervisor*
Town of Tonawanda

Dan Crangle, *Councilman*
Chairman, Youth, Parks & Recreation Committee

Mark Campanella, *Superintendent*
Parks & Recreation Department