

Hello Runners,

The Town of Tonawanda along with the Police Department, and Youth, Parks and Recreation, are pleased to announce the creation of a dedicated USATF certified 5K route. This link will provide an overview of the new route <https://www.plotaroute.com/route/1146233>

The reason for a dedicated route is to give runners an opportunity to enjoy Lincoln Park and the Rails for Trails, increase runner and walker safety, having one certified course for all users, and less disruption to Town streets and neighborhoods.

We are asking that groups interested in holding a 5K, abide by the following conditions:

- Payment of Police fees incurred for the race. Payment by check only to Town of Tonawanda Police Department. Must be submitted 7 days prior to the event at the Town of Tonawanda Police Station: Attention Service Bureau. Failure to submit payment on time will result in the cancellation of the event.
- Non- refundable application fee. Applications must be submitted to the Town's Clerks Office, no later than 30 days prior to the event, and must include proof of insurance.
- Applications are online at <https://www.tonawanda.ny.us/departments/town-clerk.html> or <https://www.tonawanda.ny.us/departments/police.html>
- Races can occur on the following evenings: Monday, Tuesday and Wednesday. Weekend mornings with a start time, no later than 9am.
- Two volunteers will staff each road barricade, unless police direct otherwise.
- One volunteer will staff a Rail for Trails barricade, unless police direct otherwise.
- Volunteers at barricades must wear bright and visible colors.
- Walkers must use sidewalks where such exist.
- Volunteers will set up barricades prior to race, and take down barricades after the last runner passes.
- Race organizers will provide a complete volunteer list to the Police Service Bureau one week prior to the race.
- Due to the pandemic, post-race events will not allowed on Town property.
- All applications are subject to Town Board approval

The following locations will have barricades:

- Lincoln Park access and Decatur Rd.
- Parker Blvd and Faraday Rd.
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- Darlington Dr. and Loretta St.
- Krehmore Place and Faraday Rd.
- Krehmore Place and Dushane Dr.
- Krehmore Place and Highland Ave.
- Rails for Trails at Highland Ave.
- Rails for Trails at Darlington Dr.
- Rails for Trails at Lincoln Park path north entrance
- Rails for Trails at Courtland Ave. & Lincoln Park path south entrance
- Rails for Trails at Englewood Ave.

We look forward to this new and exciting time for runners of all ages.

Thank You,  
Town of Tonawanda Police Department

