

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

FROM THE DIRECTOR

Welcome back from our annual maintenance shutdown. Our Center is sparkling clean and ready for our "New Season".

Our trip to Rhode Island & Martha's Vineyard was terrific! We had such a great time & we came home with wonderful memories! Our trips have become very popular & seem to be selling out quickly. If you're interested in a trip that we are running, be sure you sign up for it as soon as we start signups so that you don't get shut out.

The Town of Tonawanda Youth, Parks and Recreation Department is once again hosting a 50+ wedding anniversary party at the Sr. Center. If you and your spouse have been married to each other for 50, 55, 60, 65

etc years it is free for you to come to this event. Any couples married 51-54; 56-59; 61-64; 66-69 etc years the cost is \$10 **per couple**. You must live in the Town of Tonawanda or Village of Kenmore. You will be treated to a delicious catered dinner and entertainment. You will also be asked to show us your marriage certificate & proof of residence when we issue you your tickets. The date of the event is Friday, October 12, 2018 at 5:30pm. Don't delay in responding, tickets are going quickly!

Don't forget it's time for most of you to renew your dues for 2019. If you are not sure if your dues need to be paid now, please ask in the office. If your membership runs out, you will no longer be able to participate in our programs, classes, parties, etc. as a member, so don't delay! Also, don't forget that it costs \$5.00 per year to receive the bulletin in the mail. If you'd rather not pay, you can pick one up in the office or view it on line at ttypr.com. You can sign up for this at any time, it does not have to coincide with you membership payment.

Enjoy the beautiful September days and I hope to see you at the Senior Center.

Tricia Pray, Director

PRESIDENT'S CORNER

I hope everyone had a wonderful summer! Our center looks super, thanks to a great job by our maintenance crew. Our trip to Rhode Island was enjoyed by all.

The center is in full swing with lots of activities for everyone to enjoy. Check out our shuffleboard league that starts September 12th. September 14th is our annual picnic. September 27th we will enjoy a trip to Canada for High Tea in St. Jacobs. Try out one of our classes that start this month. There is something for everyone!

Donna Heiss, President

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Ann Worling at 877-0931.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Frances Voigt, Barbara Battaglia, Edie Ishii, Catherine Brady, Kathryn Thornton, Lynda Czyz, Mary Chmielewski, Paul Chapman, Linda Chapman, Barbara & Ronald Kania, Cathy Anderson, Audrey Zuch, Patricia Michel, Kathryn Brown, Jerome Sorochty, Georgia Militello.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Sandy Monteleone, Darryl Derschug.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Julie Ameroso, Santo Santarsiero, Daniel Brown, Genevieve Lauck.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Barb Bielli, Evelyn and Bob Dziadasek, Roberta Harter, Diana Hull, Karen Kopper, Annette Maus, Evelyn May, Dolores Mickens, Pat Pflieger, Nancy Pilon, Natalie Pruc, Jean Serra, Arlene Ptaszkiewicz, Betty Vitko, Wanda Webb, Peg Young and Vickie Christopher.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

JULY WINNER

Birthday: Darryl Derschug

PARTIES

50+ WEDDING ANNIVERSARY PARTY

If you and your spouse have been married to each other for at least 50 years, and you're a Town of Tonawanda or Village of Kenmore resident, you're invited to our 50+ Wedding Anniversary Party!

You will be treated to a delicious catered dinner by Lucarelli's Catering, and live entertainment! The event is free for couples celebrating a 50th, 55th, 60th, 65th, 70th or 75th Wedding Anniversary this year. Couples celebrating 51-54; 56-59; 61-64; 66-69 or 71-74 years of marriage may attend the celebration for only \$10 per couple.

Each couple registering MUST show proof of residency (photo ID with current address) and your marriage certificate even if you have attended previously.

DATE: Friday, October 12, 2018

TIME: 5:15 pm - Doors open

5:30 pm - Hors d'oeuvres

6:30 pm - Dinner

PLACE: Town of Tonawanda Senior Center

COST: Free for couples celebrating: 50,55,60,65,70 or 75 years of marriage

\$10 per couple for those celebrating: 51-54; 56-59; 61-64; 66-69 or 71-74 years of marriage

MENU: Family Style: catered by Lucarelli's

SIGNUP: Ends October 2 or when sold out.

ANNUAL SENIOR PICNIC

Chiavetta's Chicken

Its time again for the annual Picnic and you don't want to miss it. You will enjoy entertainment, games, Bingo, food and fun with your friends. **ALL tickets must be purchased by September 4th.**

DATE: Friday, September 14, 2018

TIME: Doors Open at 11:00 a.m. and lunch is served at 12 noon.

PLACE: T.O.T. Senior Center, 291 Ensminger Rd.

COST: \$12.00 members, \$14.00 non-members

SIGNUP: Ends September 4

MENU: Chiavetta's chicken, pulled pork, pasta, potatoes, salad, beer, pop, coffee & an ice cream treat.

NO Take-Outs

ENTERTAINMENT: Mike Nugent-sings Frank Sinatra, Michael Buble, etc.

**** THE CENTER WILL BE CLOSED ALL DAY ON THE DAY OF THE PICNIC – NO CLASSES OR PROGRAMS WILL TAKE PLACE ****

TRIPS

TRIP POLICY

Non-members are welcome to go on our trips, but non-members **must wait 2 weeks** after the initial signup date to register. If you join the Senior Center, you may register for trips on the first day of signup.

TASTE, TOUR & TREATS

Join us for fabulous day of tasting & touring. First stop is East Hill Creamery in Perry, where we will experience a guided tour and taste cheese. Next, we will visit Deer Run Winery for a tour, wine tasting and lunch. Off to OSB Ciderworks for a tour and tasting of hard cider. Then it's off to Noble Sheperd Brewery for beer tasting and the Wizard of Clay for a pottery demonstration. We'll make a quick stop for a pay on your own meal for dinner. Dessert will be at Oliver's Candies for a complimentary ice cream cone and a free sucker.

DATE: Monday, October 29, 2018

BE AT CENTER: 7:45 am

RETURN: 7:45 pm

COST: \$85

SIGNUP: Check office for availability

HIGH TEA IN ST. JACOBS, CANADA

Visit Canada's largest year round farmers market. Next, you will enjoy a High Tea featuring tea sandwiches, breads, scones and desserts. After tea there will be a guided bus tour of the Old Order Mennonite area. On the way home, a stop will be made at the Dutch Mill Country Market which will include a muffin and coffee or tea. A Passport, Passport Card or Enhanced Driver's License is required for Customs.

DATE: Thursday, September 27, 2018

BE AT CENTER: 7am

RETURN: 7pm

COST: \$75

SIGNUP: Check office for availability

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS.

Many people are sensitive to different scents.

Thank You.

PROGRAMS & EVENTS

FLU SHOTS

Flu Shots will be administered by the pharmacists from Rite Aid at the Town of Tonawanda Senior Center.

DATE: Friday, October 5, 2018

TIME: 9am – 1pm

SIGNUP: Stop by the office or call 874-3266 *most insurances accepted – call Rite Aid at 835-0533 Ext 3 for questions*

SENIOR WATCH

Does the prospect of learning about crime resistance, keeping yourself and your neighbor's safe, and getting the inside scoop on law enforcement in the town interest you? This group will bring seniors together to learn, question and share under the guidance of a police liaison officer and a member of the Town of Tonawanda Crime Resistance Executive Board. Speakers on a variety of topics that affect the community, safety, and crime resistance are part of the monthly agenda. This is a **FREE** program.

DATE: Friday, September 21

TIME: 10am

SPEAKER: Dan Rossi from WNY Hero's

SIGNUP: No signup necessary

COLORING GROUP

Coloring is not just for kids!! Recently, adults across the country have picked up coloring books as a way to relax and relieve stress. The health benefits go beyond relaxation, and include exercising fine motor skills and training the brain to focus. **NO SIGNUP NECESSARY.**

DATE: Friday, September 7, 2018

TIME: 12:45pm in Room 1

COST: FREE

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning September 10th thru all of 2018. Call the office to register at 874-3266.

COST: AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo, on Fridays, after the lunch program. Boards will be sold for \$1.00 each. Please **NO** large bills. All money collected will be used as prizes. No signup is necessary.

DATE: Friday, September 7 & 21, 2018

TIME: Approximately 12:45 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am**. At our September 6th meeting we will discuss the book "Killing Lincoln" by Bill O'Reilly. At our October 4th meeting we will discuss the book "The Whistler" by John Grisham.

BOUTIQUE

We will be open for business on Mondays, Wednesdays and Fridays from 10:00 am to 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Items to be sold must be brought into the office.

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Ron Schmitz from Erie County Senior Services. He will set up a time to meet with you individually at our senior center. He can be reached at 400-0612.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOOK & PUZZLE LENDING LIBRARY

We have many books and puzzles available in our Lounge for our members. Please feel free to borrow them. No sign out is necessary. It is an on your honor system. Simply return the items you have borrowed when you are done with them.

WALKING GROUP

Walking is a great form of exercise. Join us each Tuesday at 11am in the front hallway. Walking can be done inside the building or outside if weather permits. You may walk at your own pace and for the length of time that fits your needs. No signup is necessary.

MATINEE MADNESS MONTH OF SEPTEMBER

Please Note: In case a Movie is not available at the Video Store, we will rent an appropriate substitute. Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a movie shown on our big screen TV. Movies are shown at 1:00 pm.

9/10/18: All The Money in the World: (Michelle Williams, Mark Wahlberg) – The story of the kidnapping of 16-year-old John Paul Getty III and the desperate attempt by his devoted mother to convince his billionaire grandfather to pay the ransom. (Rated R, Crime/ Drama/Biography; 132 mins.)

9/17/18: Roman J. Israel, Esq: (Denzel Washington, Colin Farrell) – Roman J. Israel., a driven, idealistic defense attorney, finds himself in a tumultuous series of events that lead to a crisis and the necessity for extreme action. (Rated PG-13; Crime/Drama; 122 mins.)

9/24/18: Please Stand By: (Dakota Fanning) – A young autistic woman runs away from her caregiver in an attempt to submit her manuscript to a “Star Trek” writing competition (Rated PG-13; Comedy/Drama; 93 mins.)

BRIDGE LESSON TUESDAYS

9:30 am Duplicate bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new “Because Game,” meet new friends, ask questions, and just enjoy.

CANASTA

Do you play **CANASTA**? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you'll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

KUPPLES KLUB

On September 6th, we will have a regular meeting. We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the senior center to be able to take part in the Kupples Klub.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm. Everyone signing in will play.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every Wednesday from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB

On September 20th we will be hosting a Pot Luck. Please bring a dish to pass for everyone to enjoy.

We meet the third Thursday of every month at 1:00pm. Make sure you update your Singles membership dues which is \$3.00 per year. You must also have an up to date membership for the senior center to be able to take part in the Singles Club.

SOCIAL CRAFTS

Join us on Fridays from 9:00 am to noon. Come join the fun and be creative with us. Need help with project? We'll help!

TABLE TENNIS

We meet Monday, Tuesday & Thursday from 9:00 - 11:30 am, in rooms 1 & 3.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy creating beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people.

DRAWING CLASS

Learn step by step basic artistic concepts such as shape, value, shading, perspective, contrast, and composition. Practice seeing with an artist's eye. Develop the skills to make your drawings look real using graphite, colored pencil, charcoal, and/or pastels.

WATERCOLOR

Continue expanding your knowledge and skills as a watercolor painter with new lessons and more helpful techniques... and more fun! Enjoy creating your own paintings with guidance and encouragement.

WOODSHOP

Tuesday & Thursday 9:15-11:45 + 12:30 – 2:45
\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop.

We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always “experts” on hand to solve any problems or questions you might have. **As always, safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA

Basic Zumba class is 45 minutes of low impact, senior friendly, aerobic activity include stretching, repetitive movements, deep breathing and body sculpting – all to a Latin beat. The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore,
Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00
September 4, 11, 18, 25 – Regular Day Activities

MANG BRANCH

MONDAYS & THURSDAYS 9:30 am – 2:30 pm

135 Wilber at Mang, Kenmore,
Telephone: 873-0737

Every Monday: 9:30 – 11:30 Cards, Social, Pinochle,
11:30 Lunch, 12:30 Progressive Pinochle (sign-up by
11:15 am)

September 3 – Closed

September 10, 17, 24 - Regular Day Activities

Every Thursday: 9:30-11:30 Cards, Social Pinochle,
Canasta, Rummikub, Scat, 11:30 Lunch,

September 6, 13, 20, 27 – Regular Day Activities