

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

DIRECTOR'S LETTER

Fall is here and the Senior Center is buzzing with activity. It's nice to see so many of you active in the programs we offer. Classes are all filling up and trips are selling out. We've also been selling a lot of new memberships.

There are a few events coming up this month that are worth noting. We will have a flu shot clinic at our Senior Center on Friday October 5th from 9:00am-1:00pm. Please stop in or call the office to make an appointment. Most insurance plans will cover all or most of the cost.

Tickets for the Holiday Fundraiser are now on sale. Don't delay in getting yours... this event sells out every

year. They are available in the office. This event helps us to raise money for needy families in our community. Proceeds from this fundraiser allows us to give each family a gift card to Tops to buy groceries during the holidays. We give to 50 families from the Middle and High Schools in the Ken-Ton School District. The Boutique also raises money throughout the year to purchase gift cards for additional needy families. A large amount of the money they raise comes from their sales during the Holiday Fundraiser so please come out to support a very worthwhile cause! Besides being a fundraiser, it's also a wonderful party! The last few years we've had over 150 baskets to raffle off plus some bigger ticket items that we raffle off in a special raffle. Come out & try to win!!!

Hope to see you at our events and at the center. Take care...

Tricia Pray, Director

PRESIDENT'S CORNER

Fall is in full swing now. The center is offering Flu Shots on Friday, October 5th. All of our classes are now going strong and Shuffleboard is in full swing. Our trip this month is TASTE, TOUR & TREATS. Check out our bulletin boards for future trips, parties, and events.

Donna Heiss, President

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Ann Worling at 877-0931.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Kathy Arena, Karen Hightower, Joanne Kocak, Lawrence Hayward, Annmarie Mobarak, Joy Christie.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Joyce Gubala, Margarete Back, Raymond Didley, Annette Maus.

Our thoughts & prayers are with the families and friends of the following members who have passed away: Lou Nati.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Barb Bielli, Evelyn and Bob Dziadasek, Roberta Harter, Karen Kopper, Diane Kruck, Annette Maus, Evelyn May, Dolores Mickens, Elaine Miller, Audrey Morris, Pat Pfleger, Nancy Pilon, Diana Randall, Jean Serra, Betty Vitko and Vickie Christopher.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars are located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

AUGUST WINNER

Birthday: Veronica Fagley

PARTIES

HOLIDAY FUNDRAISER

Mark your calendars for our annual Holiday Fundraiser! All proceeds will go to our "Needy Children's Fund." Gift cards from Tops will be donated to students from the Ken-Ton School District. You always boost the spirits of these Ken-Ton families. If you would like to donate Baked Goods for the Fundraiser please drop them off in the office the day

before the Fundraiser or the day of the Fundraiser between 10 am – 2:00 pm.

We will NOT be collecting non-perishable food items this year. The Boutique will be open. All Boutique proceeds from 2018 will be donated to needy families in the Ken-Ton area.

DATE: Saturday, November 17, 2018

TIME: 3:00 p.m (Doors open at 3:00 p.m.)

PLACE: Senior Center, 291 Ensminger Road

DINNER: Served from 4:00 - 5:30 p.m. by Luke's Catering: Chicken Cutlet, Steak Roll-ups, Potatoes, Vegetable, Chef Salad & Beverages. Our Seniors will hold a Bake Sale for dessert!

THEME BASKET: Auction will begin at approximately 5:30pm

DONATION: \$12.00 includes a day of fun, food, theme basket auction and a special auction. (NO REFUNDS) Your ticket stub automatically enters you in a drawing to win a Cash Prize

TICKETS: See office for availability

50+ WEDDING ANNIVERSARY PARTY

If you and your spouse have been married to each other for at least 50 years, and you're a Town of Tonawanda or Village of Kenmore resident, you're invited to our 50+ Wedding Anniversary Party!

You will be treated to a delicious catered dinner by Lucarelli's Catering, and live entertainment. **Each couple registering MUST show proof of residency (photo ID with current address) and your marriage certificate even if you have attended previously.**

DATE: Friday, October 12, 2018

TIME: 5:15 pm - Doors open

5:30 pm - Hors d'oeuvres

6:30 pm - Dinner

PLACE: Town of Tonawanda Senior Center

COST: Free for couples celebrating: 50,55,60,65,70 or 75 years of marriage

\$10 per couple for those celebrating: 51-54; 56-59; 61-64; 66-69 or 71-74 years of marriage

MENU: Family Style: catered by Lucarelli's

SIGNUP: Ends October 2 or when sold out.

TRIPS

AN ALL AMERICAN CHRISTMAS SALVATORE'S ITALIAN GARDENS

Every year, Salvatore's Italian Gardens takes Christmas decorating to a whole new level, and this year is no exception. Enter this Christmas wonderland for a truly unique Christmas Show starring Nashville recording artist **Ricky Lee**. He will entertain you with his fantastic Christmas & All American Holiday Collection plus many of his other recorded songs. Includes a delicious lunch – make meal choice at signup.

DATE: Monday, December 3

BE AT CENTER: 10am
RETURN: 3:30pm
COST: \$81
SIGNUP: Check office for availability

TASTE, TOUR & TREATS

DATE: Monday, October 29, 2018
BE AT CENTER: 7:45 am
RETURN: 7:45 pm
COST: \$85
SIGNUP: Check office for availability

TRIP POLICY

Non-members are welcome to go on our trips, but non-members **must wait 2 weeks** after the initial signup date to register. If you join the Senior Center, you may register for trips on the first day of signup.

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS.

Many people are sensitive to different scents.

Thank You

PROGRAMS & EVENTS

MINIATURE GOLF TOURNAMENT

Come join us for our annual Senior Miniature Golf outing held at the Town of Tonawanda Paddock Chevrolet Golf Dome on Brompton Road. You will enjoy the experience of the lavish miniature golf course and beautiful golfing facilities. Don't miss out; this really is a fun event! Please note that will be NO refunds.

DATE: Friday, November 2, 2018

TIME: Choose from the following times: **9:30 a.m. & 1:00 p.m. Limit of 72 people per time slot**

COST: \$2.00 per person-NO REFUNDS

PLACE: Town of Tonawanda Paddock Chevrolet Golf Dome on Brompton Road

INCLUDES: 18 holes of Miniature Golf, LOTS of Prizes, medals for men's and women's winners, doughnuts and coffee

SIGNUP: Ends on Friday, October 26

SENIOR WATCH

Would you like to know more about your neighborhood, community and town? This group will bring seniors together to learn, question and share under the guidance of a police liaison officer and a member of the Town of Tonawanda Crime Resistance Executive Board. Speakers on a variety of topics that affect the community, safety, and crime resistance are part of the monthly agenda.

Police Stats and the Concern Corner round out the meetings. This is a **FREE** program.

DATE: Friday, October 26, 2018

TIME: 10am

SPEAKER: Lynn Pumm from Freedom Care Act Having a loved one cared for by someone in the family with payment.

SIGNUP: No signup necessary

BOCCE STANDINGS 2018

9:00 am – 1st Place Winners: Foxy Ladies

Diana Hull, Diana Hewman, Jean Serra, Joan Backlarz

2nd Place Winners: Wildcats

Carmela Yuhnke, Judy Bona, Dolores Clark, Connie Warnick

3rd Place Winners: Holy Rollers

Victoria Christopher, Joan Nisbet, Marilyn Losi, Annette Maus

10:30am - 1st Place Winners: The Beautiful Four

Karen & Alex Scheuer, Valerie & Clyde Hickok

2nd Place Winners: Nana's & Papa's

Betty & Joe Domino, Rosalie & Bob D'Orsaneo

3rd Place Winners: 4-H

Judy & Jim Hoage, Pat & Dave Hussar

FLU SHOTS

Flu Shots will be administered by the pharmacists from Rite Aid at the Town of Tonawanda Senior Center.

DATE: Friday, October 5, 2018

TIME: 9am – 1pm

SIGNUP: Stop by the office or call 874-3266 *most insurances accepted – call Rite Aid at 835-0533 Ext 3 for questions*

COLORING GROUP

DATE: Friday, October 12, 2018

TIME: 12:45pm in Room 1

COST: FREE

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning October 1st thru all of 2018. Call the office to register at 874-3266.

COST: AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo, on Fridays, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary.

DATE: Friday, October 19, 2018

TIME: Approximately 12:45 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of

each month at **10:00 am**. At our October 4th meeting we will discuss the book “The Whistler” by John Grisham. At our November 1st meeting we will discuss the book “The Garden of Unfortunate Souls” by Eddie Mark.

BOUTIQUE

We will be open for business on Mondays, Wednesdays and Fridays from 10:00 am to 1:00 pm. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Items to be sold must be brought into the office.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

WALKING GROUP

Walking is a great form of exercise. Join us each Tuesday at 11am in the front hallway. Walking can be done inside the building or outside if weather permits. You may walk at your own pace and for the length of time that fits your needs. No signup is necessary.

MATINEE MADNESS MONTH OF OCTOBER

Please Note: In case a Movie is not available at the Video Store, we will rent an appropriate substitute. Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a Movie show on our big screen TV. Movies are shown at 1:00 pm.

10/01/18: Every Day: (Angourie Rice, Justice Smith) – A shy teenager falls for someone who transforms into another person every day. (Rated PG-13, Drama/Fantasy/Romance; 97 mins.)

10/15/18: I Can Only Imagine: (J. Michael Finley, Dennis Quaid) – The inspiring and unknown true story behind MercyMe’s beloved, chart topping song that brings ultimate hope to so many is a gripping reminder of the power of true forgiveness. (Rated PG; Drama/Family/Music; 110 mins.)

10/22/18: This Means War: (Reese Witherspoon) – A pair of CIA operatives wage an epic battle against one another when they discover they are dating the same woman. (Rated PG-13; Action/Comedy/Romance; 103 mins.)

10/29/18: Framed for Murder: (Colin Ferguson) – In the small resort town of Lighthouse Cove, everyone knows that the best man for the job is a woman. (Not Rated; Mystery; 84 mins.)

BRIDGE LESSON TUESDAYS

9:30 am Duplicate bridge review lessons with Ron. No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new “Because Game,” meet new friends, ask questions, and just enjoy.

CANASTA

Do you play **CANASTA**? This group meets every Wednesday at 1:00 pm. Give it a try!

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponents. We meet every Thursday at 1:00 pm.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you’ll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesdays starting at approximately 12:45 pm. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps you exercise your brain and gets your competitive juices flowing.

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

KUPPLES KLUB

On October 4th, we will have a regular meeting. We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year. You must also have an up to date membership for the senior center to be able to take part in the Kupples Klub.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm. Everyone signing in will play.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It’s a lot of fun – don’t be shy – we’ll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every **Wednesday** from 9:00 a.m. to 12:30 pm. We welcome those of you that need help. We get together to sew, crochet, knit, but most of all to have fun.

SINGLES CLUB

Our Pot Luck lunch was wonderful. So many choices and so delicious. On October 18th we will be celebrating the fall season and Halloween.

We meet the third Thursday of every month at 1:00pm. Make sure you update your Singles membership dues which is \$3.00 per year. You must also have an up to date membership for the senior center to be able to take part in the Singles Club.

SOCIAL CRAFTS

Join us on Fridays from 9:00 am to noon. Come join the fun and be creative with us. Need help with project? We'll help!

TABLE TENNIS

We meet Monday, Tuesday & Thursday from 9:00 - 11:30 am, in rooms 1 & 3.

CLASSES

DRAWING CLASS

Learn step by step basic artistic concepts such as shape, value, shading, perspective, contrast, and composition. Practice seeing with an artist's eye. Develop the skills to make your drawings look real using graphite, colored pencil, charcoal, and/or pastels.

WATERCOLOR

Continue expanding your knowledge and skills as a watercolor painter with new lessons and more helpful techniques... and more fun! Enjoy creating your own paintings with guidance and encouragement.

WOODSHOP

Tuesday & Thursday 9:15-11:45 + 12:30 – 2:45
\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our **FULLY** equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always "experts" on hand to solve any problems or questions you might have. **As always, safety first.**

TAI CHI

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will

help focus on generating great vitality, balance, and focus relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

ZUMBA

Basic Zumba class is 45 minutes of low impact, senior friendly, aerobic activity include stretching, repetitive movements, deep breathing and body sculpting – all to a Latin beat. The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore,
Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00
October 2, 9, 16, 23, 30 – Regular Day Activities

MANG BRANCH

MONDAYS & THURSDAYS 9:30 am – 2:30 pm

135 Wilber at Mang, Kenmore,
Telephone: 873-0737

Every Monday: 9:30 – 11:30 Cards, Social, Pinochle,
11:30 Lunch, 12:30 Progressive Pinochle (sign-up by
11:15 am)
October 1, 15, 22, 29 - Regular Day Activities
October 8 – Closed

Every Thursday: 9:30-11:30 Cards, Social Pinochle,
Canasta, Rummikub, Scat, 11:30 Lunch,
October 4, 11, 18, 25 – Regular Day Activities

TOWN TRANSPORTION SERVICE

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore.

For more information or to schedule a van call:
875-1029 Monday-Friday 8:30am-1:30pm
Our vans start at 9:00am – and finish for the day at approximately 3:30pm.

To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left.

Cost:

\$3.00 (In-Town) or \$6.00 (Out of Town) each way.