

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

FROM THE DIRECTOR

Happy Holidays to you and yours! On behalf of myself and the Senior Center staff we would like to wish you all Health and Happiness this Holiday Season and in 2017.

Once again our Holiday Fundraiser was a **big** success! A heartfelt thanks go out to everyone that purchased a ticket and all of the following that worked so hard on this event: Fran Panzica and the Boutique Volunteers, Pattie Montante for helping to recruit and organize volunteers to work, Helen Loveric and the Bake Sale Volunteers, and all of the Classes, Clubs, Groups and individuals who donated prizes and baskets-***you are so kind.***

The proceeds from the boutique will benefit

The proceeds from the boutique will benefit approximately 30 children at Edison & Lindbergh Elementary Schools. Donations of a gift card for Tops will be given to a total of 50 students from the Ken-Ton School District Middle and High Schools.

If you or your family members are looking for a gift this holiday season, please remember that we sell Town Gift Cards in the office. They are available for any amount and can be used towards classes, trips, parties, dances or at any other Town Facility. We also sell nutrition gift certificates that can be redeemed at our Senior Center for lunch from the Stay Fit Dining nutrition program. Nutrition gift certificates are \$3.00 each. Lastly, we sell books of tickets for the van service. A book of 12 "In Town" tickets is \$50, and 12 "Out of Town" tickets is \$100. All are also available throughout the year.

One last note, please make sure you have a sweater with you to wear while you're participating in various programs at our senior center. The heat in our building is very unpredictable and there's a chance that you may be in a room that is cool.

Please note that lunch will be served at 11:30am and the Senior Center will close at 12:30 on Friday December 24th and December 30th. Enjoy your holidays!

Tricia Pray, Director

PRESIDENT'S CORNER

The Holidays are upon us, with a lot going on here at the Senior Center. On December 2nd we will hold our Tree Trimming Party, featuring our own Senior Center Choral group. Consider coming in for a movie, having lunch, participating in exercise or balance class or other activities that are offered at the center. Check your schedule.

I would like to wish everyone a very Merry Christmas and a Happy New Year!

Don Dean, President

STORM CLOSING

With winter on the way, you should know how to go about finding out if the Center is closed due to inclement weather. Announcements regarding the Town of Tonawanda Youth, Parks & Recreation Department can be heard on WBEN 930 AM. Please listen to this station for announcements about the Youth, Parks & Recreation Department's programs, and please do not put your health at risk by making unnecessary trips in bad weather. WE DO NOT fall under the Ken-Ton School District.

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Ann Worling at 877-0931.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Mary Rumschik, Betty Hooch, Richard Sherry, Catherine Celotto, Susan Minor, Marilyn Burkard, Kathleen Holtham, Debbie Cracchiola, Velma Flynn.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Tina Valenti, Bessie Daniels, Gay Potter.

Our thoughts & Prayers are with the families/friends of the following members who have passed away: Peter Yuhas.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Julie Ameroso, Vickie Christopher, Joan DeLong, Annette Maus, Evelyn May, Loretta O'Connor, Pat Pfleger, Nancy Pilon, Arlene Ptaszkiwicz, Mary Smith, Anna Stanton, Laura Vastola, Betty Vitko, Millie Warmuz, Wanda Webb, Blanche

Weber, Sylvia Wotherspoon, Peg Young, Delores Mickens and Kay Felice.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars will be located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

OCTOBER WINNER

Birthday: Elaine Dean

PARTIES

TREE TRIMMING PARTY

Help us kick off the Christmas season by joining us for lunch and helping to decorate the Center's Christmas tree!! Lunch will be pizza (donated by the Sheridan Drive Lions Club), popcorn, pop and coffee followed by cookies and ice cream for dessert.

We will have a good old fashioned sing along led by our very own Senior Center choral group. What an enjoyable way to get you into the Holiday Spirit!

DATE: Friday, December 2, 2016

TIME: 1:00 pm (doors open at 12:45pm)

COST: \$3.00 (\$5.00 non-members)

SIGNUP: See office for availability

DANCES

WINTERFEST TOWN DANCE

Join us for the Town of Tonawanda Youth, Parks and Recreation Department's kick off to the Winterfest Weekend. This weekend is filled with events for Town of Tonawanda and Village of Kenmore residents.

We will have a live band here at the Senior Center for your dancing and listening pleasure. Refreshments will be served and will include pizza, popcorn, dessert, pop and coffee. This wonderful event is sponsored by the Town of Tonawanda.

** Look for a list of other events happening that weekend at all Town Recreation Facilities

DATE: Thursday, January 12, 2017

TIME: 7:00 p.m. – 10:00 p.m. (doors open at 6:30 p.m.)

PLACE: Town of Tonawanda Senior Center

COST: \$3.00 for Members and Ken-Ton Residents

\$5.00 for Non-Residents

SIGNUP: December 1st - January 6th

BAND: National Trust

KEN-TON MEALS ON WHEELS

Ken-Ton Meals on Wheels delivers hot and cold meals to neighbors in need every weekday. We are in great need for volunteers who can be on call to help drive or serve meals. A driver and server comes to our kitchen at 169 Sheridan Parkside Drive at 11:00 a.m. to pick up the hot bags and coolers filled with food, along with a route sheet. We help carry the coolers and bags to your car, then you take them to the homes on your route. One person drives, the other takes the meals from the car to the door. It takes about an hour to ninety minutes then you return the empty bag and cooler to 169 Sheridan Parkside. If you have the time free to help we would greatly appreciate it. If you sign up we will call you if we have an open route, if you can do it that day great. If you have plans we understand and will call someone else. If you are interested, please call Tina at Ken-Ton Meals on Wheels, 874-3595.

Dan Wiles, Executive Director
Ken-Ton Meals on Wheels

PROGRAMS

TAX HELP

Volunteers from AARP will be offering assistance in filing your taxes again this year. All forms will be filed electronically. You will receive a printout of the return that is filed for you. Appointments will be scheduled from February 2 – April 13, 2017 and will be held on Tuesday & Thursday from 9:00 am – 1:00 pm. Please stop in the office for an appointment.

DATE: Ends, April 13, 2017

TIME: Tuesdays & Thursdays from 9am – Noon

COST: FREE

SIGNUP: Starts January 3, 2017

Please bring Photo ID and last year's return with you.

COLORING GROUP

We will meet once a month on a Friday in the café. **NO SIGNUP NECESSARY.**

DATE: December 9, 2016

TIME: 12:45pm

COST: FREE

CENTER FOR MEDICARE & MEDICAID SERVICES

Do you have questions regarding different health insurance options, changes in your health insurance, your healthcare forms, HMO, Medicare, Medicaid, Medigap, EPIC, Long Term Care Insurance or prescription drug Part D? If so, feel free to call Bill Daniels from Erie County Senior Services. He will set

up a time to meet with you individually at our senior center. He can be reached at 858-7883.

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning December 5th, thru early 2017. Call the office to register at 874-3266.

COST: AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo once a month, on Friday, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary.

DATE: December 16, 2016

TIME: Approximately 12:45 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am**. At our December 1st meeting we will discuss the book "Dashing Through the Snow" by Debbie Macomber. At our January 5th meeting we will discuss the book "The Light Between Oceans" by M. L. Stedman.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOUTIQUE

We will be open for business on Mondays and Fridays from 10:00 a.m. to 1:00 p.m. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Members must bring in their membership card when bringing items to be sold. We do NOT accept shoes or clothes. We only accept five items per person at a time and only on Fridays from 10:00 am through 12:00 pm.

MATINEE MADNESS MONTH OF DECEMBER

Please Note: In case a Movie is not available at the Video Store, we will rent an appropriate substitute. Each Monday we will show movies in our beautiful lounge. Sit back and enjoy a snack while watching a movie shown on our big screen TV. Movies are shown at 1:00 pm.

For the month of December we will show a variety of Christmas Movies.

BRIDGE LESSON TUESDAYS

8:30 am Party Bridge with Ray – For anyone who wants to learn how to play bridge. Learn how to count cards, high card points, how to bid, play defense, etc. No prior experience required, just come in and have some fun. Reference material provided.

9:30 am Duplicate bridge review lessons with Ron – No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new “Because Game,” meet new friends, ask questions, and just enjoy.

CANASTA

Do you play **CANASTA**? This group meets every Wednesday at 1:00 pm. Give it a try!

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponent(s). We meet every Thursday at 1:00 pm.

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

DIGITAL PHOTOGRAPHY CLUB

We meet at 9:30am on the 1st Tuesday of each month in the computer room. New members always welcome.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you'll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesday's starting at approximately 12:45 pm in room 3. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

KUPPLES KLUB

On December 1st, we will have our annual Christmas Party at the Fairways at Deerwood, 1818 Sweeney St., North Tonawanda. Must be signed up in advance. meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year.

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm everyone signing in will play. See bulletin board for rules.

QUILTING CLUB

We meet every Monday at 1:00 pm, in room 14.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every **Wednesday** from 9:00 a.m. to 3:00 pm. We welcome those of you that need help. We get together to sew, crochet, knit or do any handiwork, but most of all to have fun.

SINGLES CLUB

On December 15th, we will have our annual Christmas party, held at Banchetti's on North French Road in Amherst. You must have reservations for this to attend. There will be no regular meeting in December.

You will find information on our Singles Bulletin board in the hall at our center. New members always welcome. We meet the third Thursday of every month at 1:00pm. Make sure you update your singles membership which is \$3.00 per year.

SOCIAL CRAFTS

Time to start another project! Come join us on Fridays from 10:00 am to noon.

TABLE TENNIS

We meet Monday, Tuesdays & Thursday from 9:00 - 11:30 am, in rooms 1 & 3.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy doing all the beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people.

DRAWING CLASS

Learn step by step basic artistic concepts such as shape, value, shading, perspective, contrast, and composition. Practice seeing with an artist's eye. Develop the skills to make your drawings look real using graphite, colored pencil, charcoal, and/or pastels.

TAI CHI AND QIGONG

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, focus, relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

WATERCOLOR

Continue expanding your knowledge and skills as a watercolor painter with new lessons and more helpful techniques... and more fun! Enjoy creating your own paintings with guidance and encouragement.

WOODSHOP

Tuesday & Thursday 9:15-11:45 + 12:30 – 2:45
\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always "experts" on hand to solve any problems or questions you might have. **As always safety first.**

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

CHAIR YOGA

This gentle yoga allows you to reap all the benefits of regular yoga, without the worry of getting up and down from a floor mat. Students can choose to stay seated for the duration of the class, or may stand and use the chair for support and reinforcement.

ZUMBA

Basic Zumba class is 45 minutes of low impact, senior friendly, aerobic activity includes stretching, repetitive movements, deep breathing and body sculpting – all to a Latin beat. All of the movements are performed from a standing position (there is no floor work!) The goal is to

get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore, Telephone: 877-9524

Every Tuesday: Cards & Pinochle 9:30 & 12:00

December 6 – Regular Day Activities

December 13 – Regular Day Activities

December 20 – Regular Day Activities

December 27 – Regular Day Activities

MANG BRANCH

MONDAYS & THURSDAYS 9:30 am – 2:30 pm

135 Wilber at Mang, Kenmore, Telephone: 873-0737

Every Monday: 9:30 – 11:30 Cards, Social, Pinochle, 11:30 Lunch, 12:30 Progressive Pinochle (sign-up by 11:15 am)

December 5 – Regular Day Activities

December 12 – Regular Day Activities

December 19 – Regular Day Activities

December 26 – Closed – Christmas Holiday

Every Thursday: 9:30-11:30 Cards, Social Pinochle, Canasta, Rummikub, 11:30 Lunch, 12:45 Bingo.

December 1 – Regular Day Activities

December 8 – Regular Day Activities

December 15 – Regular Day Activities

December 22 – Regular Day Activities

December 29 – Regular Day Activities

TOWN TRANSPORTION SERVICE

The Town of Tonawanda offers Van Transportation Service for Senior Citizens, 60 years & over that reside in the Town of Tonawanda and Village of Kenmore.

For more information or to schedule a van call:
875-1029 Monday-Friday 8:30am-1:30pm

Our vans start at 9:00am – and finish for the day at approximately 3:30pm.

To schedule a van, you may call 1 week prior to the day you need transportation. However, you may always call less than 1 week and ask if there are any available reservations left.

Cost:

\$5.00 (In-Town) or \$10.00 (Out of Town) each way.