

SENIOR CENTER INFORMATION

Hours of operation:

Monday-Friday 8:30am-4:30pm

Membership cost:

\$15.00 per year for Residents of the Town of
Tonawanda or Village of Kenmore

\$23.00 per year for non-residents

(Must be 60 years of age to join or have a spouse that's
a member & at least 60 years old)

\$5.00 for a year's subscription to our monthly bulletin

FROM THE DIRECTOR

November is here, which means we are already on the brink of the holiday season! This is the time of year when many of the clubs, groups and the Senior Center all host various holiday parties.

We hope to see you at the Trim a Tree party this year. This party is always a lot of fun as everyone has a chance to put an ornament on our Christmas Tree, enjoy a pizza lunch and get into the holiday spirit. If you've been good, we also might have a surprise visitor stop in! This is a wonderful afternoon and for \$3, how can you go wrong?

I hope everyone has purchased their tickets for the Holiday Fundraiser. This is a great party with LOADS of

baskets, raffles and prizes. Come out and support this cause and hopefully win some nice prizes. Tickets tend to go VERY quickly. If you're interested in going, please call or stop by the office to see if there are any left. Thank you to everyone that is helping to support this very worthwhile event.

Enjoy this time of year. It can be very hectic but also a lot of fun. Remember to take care of yourself!

Tricia Pray, Director

PRESIDENT'S CORNER

The Holidays are here and the center is very busy. November 19th is our Holiday Fundraiser. This is one of our biggest events of the year. Stop in the office for your ticket today, cost \$12.00. Please consider donating a theme basket, all donated items need to be new and unused!

On December 2nd we will host our Tree Trimming Party, cost \$3.00. We will have a good old fashioned sing along led by our very own Senior Center Choral group.

Spread the word about our wonderful center

Don Dean, President

STORM CLOSING

With winter on the way, you should know how to go about finding out if the Center is closed due to inclement weather. Announcements regarding the Town

of Tonawanda Youth, Parks & Recreation Department can be heard on WBEN 930 AM. Please listen to this station for announcements about the Youth, Parks & Recreation Department's programs, and please do not put your health at risk by making unnecessary trips in bad weather. WE DO NOT fall under the Ken-Ton School District.

WELCOMING COMMITTEE

Our welcoming committee would like to invite our members to come in and take a tour of the building. To schedule a tour; please call Ann Worling at 877-0931.

WELCOME TO OUR NEW MEMBERS

We would like to welcome the following members who recently joined: Gail Ross, Darlene Rouse, Verna Bauer, Laurie Cameron, Carol Graczyk, Joan Boyko, Karen Monkelbaan, Kathleen Milligan, Pat Utnehmer, Mary Tyner, Cheryl & Paul Sibley, Shirley Norman, Catherine MacDonald, Mary & Richard Williams, Frank & Carol Calire.

SUNSHINE REPORT

Get Well/Thinking of You wishes go out to the following members: Mary Petrotto, Janet Kellam, Walter Wojcik.

Our thoughts & Prayers are with the families/friends of the following members who have passed away: John White, Doris Knab and Joseph Bertola, Dave Dellow, Virginia Walczak.

Please let the Office know of any members who are sick, hospitalized or deceased so that their names can be printed in the bulletin.

BULLETINS

Special thanks to all the following loyal seniors who help prepare the bulletins for mailing: Julie Ameroso, Barb Bielli, Belle Cino, Bessie Daniels, Joan DeLong, Evelyn Dziadaszek, Irene Ferguson, Jeanne Glair, Roberta Harter, Diana Hull, Karen Kopper, Elaine Miller, Audrey Morris, Sharon Novino, Loretta O'Connor, Arlene Ptaszkiewicz, Nancy Pilon, Natalie Pruc, Anna Stanton, Laura Vastola, Mary Veitch, Wanda Webb, Delores Mickens and Kay Felice.

BIRTHDAY & ANNIVERSARY DRAWINGS YOU COULD BE A WINNER!!

Each month we will have a Birthday Drawing. Every 3 months we will have an Anniversary Drawing. If you're Birthday or Anniversary falls during the current month(s), fill out a slip and place it in the appropriate jar. Please enter only once; duplicate entries will be removed before each drawing. The jars will be located in the Senior Center office, stop by and enter for your chance to win. Winners will receive a \$10 gift certificate, which can be used towards a Senior Center party or trip.

SEPTEMBER WINNER

Birthday: Fran Ross
Anniversary: Joe & Betty Domino

HIICAP

I am sorry to report that Bob Wood, our HIICAP volunteer, will be retiring effective immediately. Many of our seniors benefitted from their one on one meetings with Bob & his knowledge of the various health insurances that were available to them. He was a tremendous help when it came to navigating through the maze of options and always explained plans so that they could easily understand them. Bob has volunteered for 18 years and thoroughly enjoyed every minute of it. We wish Bob good health and happiness and thank him for his years of service! He will be missed!!

PARTIES

TREE TRIMMING PARTY

Help us kick off the Christmas season by joining us for lunch and helping to decorate the Center's Christmas tree!! Lunch will be pizza (donated by the Sheridan Drive Lions Club), popcorn, pop and coffee followed by cookies and ice cream for dessert.

We will have a good old fashioned sing along led by our very own Senior Center choral group. What an enjoyable way to get you into the Holiday Spirit!

DATE: Friday, December 2, 2016

TIME: 1:00 pm (doors open at 12:45pm)

COST: \$3.00 (\$5.00 non-members)

SIGNUP: Ends, Wednesday, November 23rd

HOLIDAY FUNDRAISER

Mark your calendars for our annual Holiday Fundraiser! All proceeds will go to our "Needy Children's Fund."

Gift cards from Tops will be donated to 50 students from the Ken-Ton School District. You always boost the spirits of these Ken-Ton families.

If you would like to donate Baked Goods for the Fundraiser please drop them off in the office the day before the Fundraiser or the day of the Fundraiser between 10 am – 2:00 pm.

We will NOT be collecting non-perishable food items this year. The Boutique will be open. All Boutique proceeds from 2016 will be donated to needy families in the Ken-Ton area.

DATE: Saturday, November 19, 2016

TIME: 3:00 p.m (Doors open at 3:00 p.m.)

PLACE: Senior Center, 291 Ensminger Road

DINNER: Served from 4:00 - 5:30 p.m. by Luke's Catering: Chicken Cutlet, Steak Roll-ups, Potatoes, Vegetable, Chef Salad & Beverages. Our seniors will hold a Bake Sale for dessert!

THEME BASKET: Auction will begin at approximately 5:30pm

DONATION: \$12.00 includes a day of fun, food, theme basket auction and a special auction. (NO REFUNDS)
Your ticket stub automatically enters you in a drawing to win a Cash Prize

TICKETS: On sale till sold out

HOLIDAY FUNDRAISER NEEDS YOUR HELP

Please consider donating a theme basket for our Holiday Fundraiser to benefit needy children in the Ken-Ton area. You can work together with a friend or group to create a wonderful basket.

You may donate individual items or gift cards that the office staff will use to create baskets. **PLEASE: ALL DONATED ITEMS NEED TO BE NEW AND UNUSED!**

We will also need donations of baked goods for our Baked Good Sales. These items may be dropped off at the Senior Center on Friday, November 18th or Saturday morning, November 19th.

BAKE SALE FOR HOLIDAY FUNDRAISER

I am the Chairman for the bake sale for the Holiday Fundraiser. I would like to ask all of you wonderful bakers to bake something for this very worthy cause. The holiday fundraiser will take place on Sat., November 19th at the Senior Center. All of the money raised goes to families' right here in the Ken-Ton area. If you are interested in baking or making a donation, please call the office at 874-3266 or come to see me in the Ceramics Room, as I am the Ceramics instructor. Thank you & God Bless.

Helen Loveric

TRIPS

SYRUP & SLOTS

DATE: Monday, November 7, 2016
ARRIVE: 8:45 AM
RETURN: 8:30 PM (approximate)
SIGNUP: Sold Out, waiting list only
COST: \$49.00

Please be considerate of your fellow travelers and refrain from wearing perfume or cologne on TRIPS. Many people are sensitive to different scents. Thank You.

PROGRAMS

MINIATURE GOLF TOURNAMENT

Come join us for our annual Senior Miniature Golf outing held at the Town of Tonawanda Paddock Chevrolet Golf Dome on Brompton Road. You will enjoy the experience of the lavish miniature golf course and beautiful golfing facilities. Don't miss out; this really is a fun event! Please note that will be NO refunds.

DATE: Friday, November 4, 2016

TIME: Choose from the following times: **9:30 a.m. & 1:00 p.m. Limit of 72 people per time slot**

COST: \$2.00 per person-NO REFUNDS

PLACE: Town of Tonawanda Paddock Chevrolet Golf Dome on Brompton Road

INCLUDES: 18 holes of Miniature Golf, LOTS of Prizes, medals for men's and women's winners, doughnuts and coffee

SIGNUP: See office for availability

COLORING GROUP

We will meet once a month on a Friday in the café. NO SIGNUP NECESSARY.

DATE: NONE in November

TIME: 12:45pm in the café

COST: FREE

AARP SMART DRIVER COURSE

As of this printing, we are registering for classes on the 1st Monday of the month beginning November 7th, thru early 2017. Call the office to register at 874-3266.

COST: AARP members \$20.00/non-members \$25.00.

BINGO

We will play Bingo once a month, on Friday, after the lunch program. Boards will be sold for \$1.00 each. Please NO large bills. All money collected will be used as prizes. No signup is necessary.

DATE: NONE in November

TIME: Approximately 12:45 pm

PLACE: Senior Center Cafeteria

BLOOD PRESSURE

You may have your Blood Pressure taken on the first Wednesday of each month, from 10:00am to approximately noon.

BOOK CLUB

If you love to read books, you will want to join the Book Club. We would love to have new people come and read with us! The Club meets on the 1st Thursday of each month at **10:00 am.** . At our November 3rd meeting we will discuss the book "Connecticut Yankee in King Arthur's Court" by Mark Twain. At our December 1st meeting we will discuss the book "Dashing Through the Snow" by Debbie Macomber.

EXERCISE

Come and join us on Mondays and Thursdays from 9:15-11:15am. This program is FREE with Senior Center membership.

BOUTIQUE

We will be open for business on Mondays and Fridays from 10:00 a.m. to 1:00 p.m. Come shop at our Boutique! We accept new, clean and in good condition items from our members. Members must bring in their membership card when bringing items to be sold. We do NOT accept shoes or

clothes. We only accept five items per person at a time and only on Fridays from 10:00 am through 12:00 pm.

MATINEE MADNESS MONTH OF NOVEMBER

Please Note: In case a Movie is not available at the Video Store, we will rent an appropriate substitute. Every Monday we will show a movie in our beautiful lounge. Sit back and enjoy a snack while watching a movie shown on our big screen TV. Movies are shown at 1:00 pm.

11/7/16: Equals: (Kristne Stewart) – In an emotionless utopia, two people fall in love when they regain their feelings from a mysterious disease, causing tensions between them and their society. (Rated PG-13, Drama/Romance, Sci-Fi; 101mins.)

11/14/16: Now You See Me 2: (Jesse Eisenberg, Mark Ruffalo) – The Four Horsemen resurface and are forcibly recruited by a tech genius to pull off their most impossible heist yet. (Rated PG-13, Comedy/Action/Adventure; 129mins.)

11/21/16: The Meddler: (Susan Sarandon) – An aging widow from New York City follows her daughter to Los Angeles in hopes of starting a new life after her husband passes away. (Rated PG-13, Comedy/Romance/Drama; 100mins.)

11/28/16: Genius: (Colin Firth) – A chronicle of Max Perkins's time as the book editor at Scribner, where he oversaw works by Thomas Wolfe, Ernest Hemingway, F. Scott Fitzgerald and others. (PG-13, Biography/Drama; 104mins.)

BRIDGE LESSON TUESDAYS

8:30 am Party Bridge with Ray – For anyone who wants to learn how to play bridge. Learn how to count cards, high card points, how to bid, play defense, etc. No prior experience required, just come in and have some fun. Reference material provided.

9:30 am Duplicate bridge review lessons with Ron – No sign-up or partners required. For both beginners and intermediate players. Be prepared to have fun while exercising your brain. Try our new "Because Game," meet new friends, ask questions, and just enjoy.

CANASTA

Do you play **CANASTA**? This group meets every Wednesday at 1:00 pm. Give it a try!

CRIBBAGE

A card game so called because the dealer receives a crib, or additional hand partly drawn from hands of his or her opponent(s). We meet every Thursday at 1:00 pm.

CANASTA HAND & FOOT

Join us to play or learn how to play Canasta Hand & Foot each Thursday at 12:00 pm.

DIGITAL PHOTOGRAPHY CLUB

We meet at 9:30am on the 1st Tuesday of each month in the computer room. New members always welcome.

DOMINO GROUP

Our domino group meets on Fridays at 12:30 pm. We have a fun time. We would love to have you join us! Try it, you'll like it!

DUPLICATE BRIDGE

Duplicate Bridge is played on Wednesday's starting at approximately 12:45 pm in room 3. Single players are welcome to play in one of the most friendly bridge games in the area! Sign up and Ron Fill will help you get a partner. Remember, Duplicate Bridge helps to exercise your brain and gets your competitive juices flowing.

PREVENTING FALLS – EXERCISE

This exercise program will be offered each Friday at 10:30am. Any Erie County Resident may attend at NO cost. NO sign up is necessary.

MAH JONGG

If you know how to play Mah Jongg we meet on Mondays at 1:00 pm. You will be sure to have fun!

EUCHRE

Are you interested in playing EUCHRE? Are you a little rusty? Stop by and someone will help you brush up on the game. We play on Tuesday mornings at 9:30. We have winners for high and low scores.

KUPPLES KLUB

November 3rd will be a regular meeting and Elections of Officers. We will be planning our Christmas party on December 1st at the Fairways at Deerwood 1818 Sweeney St. North Tonawanda.

We meet the first Thursday of the month, from noon until 2:00 pm in rooms 1 & 3. New couples are welcome. Dues are only \$2.00 per person for the year.

PINOCHLE

Come join us for a couple of hours of fun! We play each Wednesday at 12:45 pm. Sign up will be from 8:30 to 12:30pm everyone signing in will play. See bulletin board for rules.

QUILTING CLUB

We meet every Monday at 1:00 pm, in room 14.

SCAT GROUP - Card Game

SCAT group meets on Tuesday afternoons at 12:30 pm. It's a lot of fun – don't be shy – we'll be happy to teach you this easy and fun game.

SEWING CLUB

We meet every Wednesday from 9:00 a.m. to 3:00 pm. We welcome those of you that need help. We get together to sew, crochet, knit or do any handiwork, but most of all to have fun.

SINGLES CLUB

On November 17th we will have our Election of Officers and Bingo. You will find information on our Singles Bulletin board in the hall at our center.

New members always welcome. We meet the third Thursday of every month at 1:00pm. Make sure you update your singles membership which is \$3.00 per year.

SOCIAL CRAFTS

Time to start another project! Come join us on Fridays from 10:00 am to noon.

TABLE TENNIS

We meet Monday, Tuesdays & Thursday from 9:00 - 11:30 am, in rooms 1 & 3.

CLASSES

CERAMICS CLASS

Hi everyone! Come join us in the fun class of ceramics. You will enjoy doing all the beautiful things in ceramics and enjoy being part of a very happy and friendly group of wonderful people. PLEASE SEE OFFICE FOR MORE INFORMATION.

DRAWING CLASS

Learn step by step basic artistic concepts such as shape, value, shading, perspective, contrast, and composition. Practice seeing with an artist's eye. Develop the skills to make your drawings look real using graphite, colored pencil, charcoal, and/or pastels.

TAI CHI AND QIGONG

Gold Summit Qigong: Through many types of slow, soft exercises some with breathing, some with movement, and some stationary a person can learn to relax.

Gold Summit Tai Chi Fundamentals: Through soft but lively movements, Tai Chi can offer relief from stress, arthritis, concentration troubles and more. I will help focus on generating great vitality, balance, focus, relaxation and coordination. You will experience a real difference in your strength, balance and energy levels.

WATERCOLOR

Continue expanding your knowledge and skills as a watercolor painter with new lessons and more helpful techniques... and more fun! Enjoy creating your own paintings with guidance and encouragement.

WOODSHOP

Tuesday & Thursday 9:15-11:45 + 12:30 – 2:45
\$2.00 per visit or \$15.00 per Year

All Senior Center members are welcome to take advantage of our FULLY equipped woodworking shop. We have a complete variety of power and hand tools available to build just about any woodworking project you can come up with. There are also always "experts"

on hand to solve any problems or questions you might have. **As always safety first.**

YOGA

Come join us, learn to reduce stress and release tension. This class helps you improve your mind-body connection, increase your flexibility and tone your muscles. **Please bring your own yoga mat.**

CHAIR YOGA

This gentle yoga allows you to reap all the benefits of regular yoga, without the worry of getting up and down from a floor mat. Students can choose to stay seated for the duration of the class, or may stand and use the chair for support and reinforcement.

ZUMBA

Basic Zumba class is 45 minutes of low impact, senior friendly, aerobic activity includes stretching, repetitive movements, deep breathing and body sculpting – all to a Latin beat. All of the movements are performed from a standing position (there is no floor work!) The goal is to get your bones and muscles moving and your circulation pumping.

BRANCH CORNER

ELLWOOD BRANCH

TUESDAYS 9:30 am – 2:30 pm

1000 Englewood Ave., Kenmore, Telephone: 877-9524
Every Tuesday: Cards & Pinochle 9:30 & 12:00

November 1 – Regular Day Activities
November 8 – Regular Day Activities
November 15 – Regular Day Activities
November 22 – Regular Day Activities
November 29 – Regular Day Activities

MANG BRANCH

MONDAYS & THURSDAYS 9:30 am – 2:30 pm

135 Wilber at Mang, Kenmore, Telephone: 873-0737
Every Monday: 9:30 – 11:30 Cards, Social, Pinochle, 11:30 Lunch, 12:30 Progressive Pinochle (sign-up by 11:15 am)

November 7 – Regular Day Activities
November 14 – Regular Day Activities
November 21 – Regular Day Activities
November 28 – Regular Day Activities

Every Thursday: 9:30-11:30 Cards, Social Pinochle, Canasta, Rummikub, 11:30 Lunch, 12:45 Bingo.

November 3 – Regular Day Activities
November 10 – Regular Day Activities
November 17 – Regular Day Activities
November 24 – Closed - Thanksgiving Day

